Brusco Vision Publishes Article on the Emotional Factors Behind LASIK Decisions in the Washington, D.C. Area

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Brusco Vision, the Falls Church, Virginia practice of LASIK surgeon Michael Brusco, MD, FACS, has published a new article examining the psychological factors behind patient decision-making around laser vision correction. Titled ?The Secret Shame of Thick Glasses: How Years of Feeling Self-Conscious About Your Vision Shapes the Decision to Finally Consider LASIK,? the article addresses an aspect of refractive surgery consultations that receives limited attention in clinical literature and marketing materials. Brusco Vision serves patients throughout the Washington, D.C. area, including Falls Church, Washington, D.C., and Northern Virginia.

The article examines how individuals with significant myopia or hyperopia, who have often worn thick-lens corrections since childhood, develop a pattern of self-consciousness that shapes their adult interest in procedures such as SBK LASIK, ASA PRK, SMILE, and EVO ICL. Patients in Falls Church and across Northern Virginia seeking laser vision correction have access to all six refractive procedures performed at Brusco Vision, which also include Custom Lens Replacement and refractive cataract surgery. The piece notes that the decision to research eye surgery is rarely triggered by a single event. Instead, interest tends to

accumulate over years and often surfaces around a specific moment, such as a wedding, a new job, a trip where glasses become impractical, or a photograph that prompts reflection on how vision correction has shaped self-image.

Brusco Vision?s article also addresses common workarounds that patients across Washington, D.C. and the Northern Virginia region try before considering laser vision correction. The piece acknowledges that contact lens wear can introduce dry eye syndrome, daily maintenance burden, and concerns about lens-related complications during work and physical activity. According to the practice, Dr. Brusco has performed more than 45,000 corneal-based and 6,000 lens-based vision correction procedures. At one point in the past, Dr. Brusco was performing a volume representing close to 1 percent of all LASIK procedures in the United States annually. The article explains that candidacy for each of the six procedures depends on factors including prescription range, corneal thickness, overall eye health, and age, which is why comprehensive evaluation precedes any surgical recommendation at the Falls Church practice. For patients who are not candidates for SBK LASIK or SMILE, alternatives such as EVO ICL, ASA PRK, and Custom Lens Replacement may be appropriate.

?The purpose of a vision correction consultation is not to sell anyone on surgery,? said Michael Brusco, MD, FACS, board-certified ophthalmologist and founder of Brusco Vision. ?It is to determine whether a procedure can genuinely give a patient the result they are hoping for, and which of the six procedures we perform, if any, fits their anatomy and their life. Patients throughout the Washington, D.C. area have often carried questions about LASIK for years before scheduling a visit, and they deserve the time and information to make an informed decision without pressure.? Dr. Brusco graduated from Harvard College, completed his medical degree at Northwestern University, and finished his ophthalmology residency at the University of Kansas. He serves as an assistant professor at the George Washington University Department of Ophthalmology and is a founding member of the World College of Refractive Surgery and Visual Sciences. He has received the STAAR Top 100 International Surgeon honor in multiple years.

Brusco Vision is located at 3120 Fairview Park Drive, Suite 100, Falls Church, Virginia 22042, and serves patients throughout the Washington, D.C. area, including Washington, D.C., Falls Church, and the Northern Virginia region. The practice can be reached at (571) 755-2020. Driving directions from the Washington metropolitan area to the Falls Church practice are available through Google Maps. The Falls Church location houses the practice?s in-house surgery center, where Dr. Brusco personally performs SBK LASIK, EVO ICL, SMILE, ASA PRK, Custom Lens Replacement, and refractive cataract surgery. Consultations, including second opinions, are available by appointment.

The full article is available on the Brusco Vision website at bruscovision.com, where readers can also find

resources on the six vision correction procedures performed at the Falls Church practice. Additional information about Brusco Vision, its location, and its hours is available through the practice?s Google Business Profile. Brusco Vision continues to publish educational material on LASIK, EVO ICL, SMILE, ASA PRK, Custom Lens Replacement, and refractive cataract surgery for readers across Falls Church, Washington, D.C., and the broader Washington, D.C. area.

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Brusco Vision

Brusco Vision is a next-generation vision center providing LASIK and refractive vision correction procedures to Washington DC, DMV, and North Virginia residents. LASIK, PRK, EVO ICL, SMILE, and Custom Lens Replacement (RLE).

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