



Lucent Vision Publishes Article on LASIK Anxiety and Vision Correction Options in Long Beach, California

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Lucent Vision, a boutique vision correction practice with locations in Long Beach and Fountain Valley, has published a new patient education article addressing the widespread but rarely discussed issue of fear surrounding laser vision correction. The practice offers LASIK, SMILE, EVO ICL, PRK, and refractive lens exchange to patients across Long Beach, Lakewood, Signal Hill, and Los Alamitos and the greater Orange County area. The article, titled "I'm Too Scared to Get LASIK" and "I'm Embarrassed to Admit It," examines the common anxieties that cause patients to delay or avoid vision correction and outlines alternative procedures for those who find standard LASIK unsuitable.

Patients throughout Long Beach and Lakewood considering LASIK often cite anxiety about the procedure as a primary reason for postponing treatment, according to the article. The piece reports that fear of being awake during surgery, concerns about the corneal flap step, and worry about inadvertent eye movement during the laser phase are among the most frequently named hesitations. The article notes that modern LASIK uses eye-tracking technology that automatically adjusts for small eye movements and pauses if the eye shifts out of range, a technical detail positioned as a response to the common "what if I sneeze?" concern. The piece also describes the sensory experience of the procedure in direct terms, including the brief

pressure felt during flap creation and the faint odor some patients notice during the laser phase, information the article offers as a substitute for the vague reassurances patients often encounter online.

The article also covers alternatives to standard LASIK available to residents of Signal Hill, Los Alamitos, and the surrounding Long Beach area. SMILE Pro or Small Incision Lenticule Extraction, uses a small incision rather than a corneal flap and is identified as a consideration for patients whose concerns center specifically on the flap step. Lucent Vision performs SMILE Pro on-site at its Fountain Valley location using the Zeiss VisuMax 800, one of the most advanced platforms available for the procedure. EVO ICL involves implanting a lens inside the eye without removing corneal tissue, positioning it as an option for patients who prefer an additive rather than ablative procedure. PRK, an earlier form of laser vision correction, is described as a flap-free alternative with a longer recovery window. Refractive lens exchange, which replaces the natural lens of the eye, is noted as an option for patients over 45 whose prescription and lifestyle favor a long-term approach.

“Fear of eye surgery is one of the most common reasons patients delay vision correction, and it is something we hear regularly during consultations at our Long Beach office,” said Dr. Nimesh Pathak, MD, FAAO, board-certified ophthalmologist, Castle Connolly Top Doctor, and founder of Lucent Vision. “Every LASIK consultation at the practice is free and structured to give patients time to ask questions, including the ones they feel embarrassed to ask. If a patient decides LASIK is not the right fit, we consider that a valid and successful consultation outcome.”

Dr. Pathak completed a fellowship in cornea and refractive surgery at New York Eye and Ear Infirmary and has performed thousands of LASIK, PRK, and premium cataract procedures since 2006. He was recognized as a Castle Connolly Top Doctor in 2023 and 2025 and received the American Academy of Ophthalmology Achievement Award in 2024. The article reflects a broader emphasis at the practice on patient education and informed decision-making, including a specific recommendation that patients write down their fears, including the ones that feel embarrassing, before a consultation so nothing is forgotten in the moment.

Lucent Vision is located at 5175 East Pacific Coast Highway, Suite 102, in Long Beach, California, and serves patients throughout Long Beach, Lakewood, Signal Hill, and Los Alamitos. The office is accessible from Pacific Coast Highway, and driving directions to the practice are available through Google Maps. Free LASIK consultations at the Long Beach office can be scheduled by calling 562-431-2748.

Lucent Vision also serves patients at its Fountain Valley location in Orange County. Additional scheduling information and location details are available at lucentvision2020.com.

For more information about LASIK and related vision correction procedures at Lucent Vision in Long Beach, California, the practice's website is available at lucentvision2020.com. Additional practice information, patient reviews, and location details are available through the Lucent Vision Google Business Profile. The full article on LASIK anxiety and vision correction alternatives is available on the Lucent Vision website for patients across Long Beach, Lakewood, Signal Hill, and Los Alamitos who are researching laser vision correction.

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For more information about Lucent Vision, contact the company here: Lucent Vision Nimesh Pathak M.D. info@lucentvision.com 5175 E Pacific Coast Hwy Suite 102, Long Beach, CA 90804

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Lucent Vision offers LASIK in Long Beach, CA. Dr. Nimesh Pathak also offers Refractive Lens Exchange (RLE), Custom Lens Replacement (CLR), Refractive Cataract Surgery, and treatment for Glaucoma, Keratoconus, and Pterygium.

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