

DRAGONFLY Medical and Behavioral Health Expands Substance Use Disorders Treatment Services

April 30, 2026

JOHNSON CITY, TN - April 30, 2026 -
DRAGONFLY Medical and Behavioral Health in Johnson City, Tennessee, announces expanded treatment options and enhanced telehealth services to address the growing need for comprehensive substance use disorder treatment in the Tri-Cities region. The healthcare provider has strengthened its medication-assisted treatment programs and mental health services to better serve individuals struggling with opioid addiction and other substance dependencies.

The expansion comes as Tennessee continues to face significant challenges related to opioid use disorders, with the state reporting elevated rates of substance-related hospitalizations and treatment needs. Dragonfly Medical and Behavioral Health has responded by offering both in-person and virtual consultation options, making treatment more accessible to residents throughout Bristol, Johnson City, and Kingsport.

The facility provides medication-assisted treatment utilizing medications such as Suboxone and Buprenorphine, combined with comprehensive counseling and behavioral health services. This integrated approach addresses both the physical and psychological aspects of addiction recovery. The center's Suboxone Treatment Johnson City program incorporates individual therapy, group support sessions, and

primary care services to support long-term recovery.

"Our holistic treatment model recognizes that addiction affects every aspect of a person's life," said a spokesperson for DRAGONFLY Medical and Behavioral Health. "By combining medication-assisted treatment with mental health services and group support, we help patients address the root causes of their addiction while building the skills and support systems necessary for sustained recovery."

The facility operates with flexible scheduling to accommodate patients' varying needs, offering evening and weekend hours. Virtual telehealth appointments have become an integral part of the treatment program, allowing patients to maintain consistent care regardless of transportation challenges or scheduling conflicts. These services have proven particularly valuable for patients who may face barriers to accessing traditional in-person treatment.

Group support sessions form a cornerstone of the treatment approach, providing patients with peer support and shared experiences that enhance the recovery process. These facilitated 50-minute sessions create a supportive environment where individuals can learn from others facing similar challenges while developing coping strategies and building recovery networks.

The healthcare provider's team includes medical doctors specializing in addiction medicine and primary care, psychologists, and licensed counselors who work collaboratively to create personalized treatment plans. This multidisciplinary approach ensures that patients receive comprehensive care addressing all aspects of their health and well-being.

Patients seeking information about treatment options can Read Dragonfly Patient Reviews to learn about others' experiences with the program. The facility accepts various payment methods including money orders, cashier's checks, debit cards, and credit cards to ensure treatment accessibility.

Dragonfly Medical and Behavioral Health has been serving the Johnson City community from its location on North Broadway Street, providing substance abuse treatment, mental health services, and primary care. The facility's commitment to patient-centered care focuses on meeting each individual's unique needs while promoting long-term recovery and improved quality of life. The center continues to accept new patients for both substance use disorder treatment and mental health services.

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Dragonfly Medical and Behavioral Health Johnson City

Dragonfly Medical and Behavioral Health in Johnson City, TN offers primary care, substance abuse treatment, and counseling services. We welcome TennCare Medicaid and Virginia Medicaid patients. Visit our website for more information.

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