

PES | Adult Strabismus Center

PES Adult Strabismus Center Offers Clarity for Patients Seeking Answers about Insurance Coverage for Strabismus Surgery

May 19, 2026

May 19, 2026 - PRESSADVANTAGE -

Many adults with misaligned eyes have questions about insurance coverage for strabismus surgery. A new article from PES Adult Strabismus Center, titled "Will Insurance Cover My Strabismus Surgery?", provides clear answers to this important question. Strabismus in adults can lead to double vision, poor depth perception, and serious disruption to daily life—making the procedure more than just cosmetic. PES Adult Strabismus Center helps patients understand when surgery is considered medically necessary and how insurance providers evaluate claims for coverage.

Strabismus surgery is often classified by insurance companies as a reconstructive procedure rather than a cosmetic one. This distinction matters, as medical necessity forms the foundation for insurance approval. At PES Adult Strabismus Center, board-certified ophthalmologists conduct thorough evaluations to determine whether a patient's eye misalignment is causing visual impairments, such as double vision (diplopia) or restricted peripheral vision. When functional issues are identified and properly documented, the likelihood of insurance approval increases significantly. The center's team is highly experienced in working with a variety of insurance providers and is dedicated to submitting the proper medical codes, securing pre-authorizations,

and providing the comprehensive documentation insurers require.

Many patients are surprised to learn that with insurance coverage, out-of-pocket costs for adult strabismus surgery often range between \$500 and \$2,000, depending on the specifics of their plan. Without coverage, however, the procedure can cost anywhere from \$4,000 to \$10,000 or more, making insurance approval a key factor in accessibility. The majority of those expenses stem from surgical facility fees, anesthesia, surgeon fees, and follow-up care. PES Adult Strabismus Center recognizes the financial burden this can create for uninsured patients and provides detailed cost estimates along with support in exploring all available payment options. For those with insurance, the center manages the entire pre-authorization process and helps patients understand what is and isn't covered under their individual policy.

Coverage varies widely between insurance plans, but most consider strabismus a medical issue when it disrupts vision or causes discomfort. Factors that influence coverage include whether the surgeon is in-network, the patient's deductible, coinsurance responsibilities, and maximum out-of-pocket thresholds. Some plans may also have specific rules about where the surgery can be performed or how pre-existing conditions are handled. PES Adult Strabismus Center maintains relationships with a wide range of insurance providers and can confirm in-network status, policy requirements, and eligibility criteria in advance. The goal is to eliminate uncertainty and streamline the process for patients who are already coping with the frustrations of impaired vision.

Confirming insurance coverage begins with a proper diagnosis and a detailed consultation with an ophthalmologist. PES Adult Strabismus Center ensures each patient's visual function is thoroughly assessed and, when surgery is indicated, submits the correct CPT codes along with documentation describing how the misalignment impacts vision. Insurance companies typically want proof that surgery will restore or improve functional vision rather than simply enhance appearance. While cosmetic concerns alone may not qualify for coverage, cases involving blurred or double vision, disrupted depth perception, or compromised peripheral vision often do. The center provides all necessary paperwork and guidance to help patients communicate effectively with their insurance providers and understand their financial obligations before moving forward with surgery.

Understanding how insurance companies view strabismus is a critical step in the journey to better vision. Strabismus is not just a matter of eye appearance—it affects the alignment and coordination of the human eye, disrupting binocular vision and leading to symptoms that impact physical safety, productivity, and emotional well-being. Studies have shown that untreated strabismus in adults can lead to challenges in social interaction, reduced confidence, and in some cases, even increased risk of accidents. PES Adult Strabismus Center takes these issues seriously and provides comprehensive evaluations to determine whether patients are appropriate candidates for surgery and whether their condition qualifies for insurance support.

For patients concerned that insurance companies might consider strabismus surgery cosmetic, PES Adult Strabismus Center offers a clear explanation of the medical criteria used to make that determination. If there is no functional impairment, surgery may not be covered. However, most patients who seek surgery are dealing with measurable visual problems, and with the correct medical coding and documentation, these cases are typically approved. The center's physicians and administrative staff collaborate closely to ensure that all the paperwork, pre-authorization steps, and communications with insurers are handled thoroughly and accurately. This reduces the chances of denial and provides patients with peace of mind.

As adult strabismus becomes more widely recognized for its impact on visual function and quality of life, the importance of accurate insurance education and patient support cannot be overstated. PES Adult Strabismus Center stands at the forefront of this effort, combining clinical expertise with administrative advocacy to help patients receive the care they need. From initial evaluation through surgical treatment and post-operative care, the center is committed to removing barriers to access and ensuring that no patient is left to navigate the insurance process alone.

Reporters seeking to cover the evolving conversation around medical necessity, vision health, or insurance accessibility for adults with strabismus are encouraged to reach out to PES Adult Strabismus Center for expert insights. With decades of combined ophthalmology experience and a growing number of successful patient outcomes, the team is prepared to speak to the broader implications of adult strabismus surgery and why coverage for functional vision issues must remain a priority in healthcare discussions.

###

For more information about PES Adult Strabismus Center, contact the company here: PES Adult Strabismus Center Dawn Lamb (817) 618-0511 info@pediatriceyespecialists.com 321 S Henderson St, suite c Fort Worth, TX 76104

PES Adult Strabismus Center

PES Adult Strabismus Center provides adults surgical treatment for strabismus, also known as lazy eye, crossed eye or misaligned eye. Strabismus surgery is more than a cosmetic surgery. It can also improve your vision.

Website: <https://alignmyeyes.com/>

Email: info@pediatriceyespecialists.com

Phone: (817) 618-0511

**PES | Adult
Strabismus
Center**