


# CrossFields Interiors & Architecture Offers Medical Office Design Course for Healthcare Practitioners

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CrossFields Interiors & Architecture offers the Medical Office Design Course, an online educational program developed to support start-up and new office build practitioners in the holistic health and wellness sector. The five-module curriculum provides structured guidance through the complete facility planning and design process, helping practitioners navigate the complexities involved in developing or expanding clinical spaces.

The course follows the company?s Signature 06 Steps framework, which consists of discovery, exploration, creation, selection, documentation, and design assurance. Participants receive step-by-step instruction on clarifying vision and goals, defining business parameters, evaluating potential locations, advancing through schematic and detailed design stages, and managing successful implementation. The curriculum addresses practical considerations such as appropriate space sizing, efficient layout configuration, optimized patient flow, branding alignment, and overall operational efficiency in healthcare environments.

Practitioners often encounter obstacles during early planning phases. These include uncertainty about required square footage, unclear priorities for patient and staff circulation, and questions about whether a potential location will support long-term practice goals. The Medical Office Design Course addresses these issues by delivering tools and knowledge that enable more informed decision-making. Modules cover vision and goal development, business and financial planning considerations, strategies for location selection and funding, design progression once space is secured, and critical focus areas during the construction and build-out phases.

The program draws on insights from the firm?s portfolio of healthcare facility projects. In these projects, early and intentional planning has contributed to smoother patient movement, improved staff workflows, and reduced operational friction. The course targets chiropractors, acupuncturists, functional medicine specialists, integrative health practitioners, and other professionals in the wellness field who seek to establish offices that functionally support their specific service offerings. Emphasis is placed on the importance of making decisions in the correct sequence to prevent costly revisions or limitations later in the process.

As healthcare office designers, CrossFields Interiors & Architecture developed the Medical Office Design Course to share foundational knowledge with a broader audience of practitioners. The self-paced format allows participants to engage with the material according to their individual schedules and project timelines, making the education accessible regardless of current practice stage or geographic location.

The course content reflects real-world applications observed across numerous completed projects. It equips practitioners with an understanding of how spatial decisions influence daily operations, patient experience, and long-term practice sustainability. Detailed explanations guide users through each phase, highlighting common pitfalls and best practices derived from extensive experience in holistic healthcare environments. This educational offering complements direct design services by empowering practitioners with knowledge they can apply independently or in coordination with professional teams.

Scott Boldt, President of CrossFields Interiors & Architecture, described the course?s practical foundation. "The Medical Office Design Course brings together lessons learned from hundreds of completed healthcare projects into a clear, sequential learning path," Boldt said. "It equips practitioners with the understanding needed to make facility decisions that support efficient operations and long-term success in wellness environments."

Carolyn Boldt, Vice President and Director of Design at CrossFields Interiors & Architecture, highlighted the value of early planning. "Developing clarity around vision, flow, and spatial parameters from the beginning helps ensure that the finished environment accurately reflects the level of care being delivered," Boldt stated. "This structured approach benefits providers across many health and wellness disciplines by creating spaces that function effectively from day one."

The Medical Office Design Course forms part of the firm?s broader resources for holistic health practitioners. CrossFields Interiors & Architecture maintains an exclusive focus on architectural, interior design, construction, and consulting services for this specialized sector. The company has supported projects across the United States and internationally, with consistent attention to maximized space utilization, enhanced patient experience, and sustainable practice growth. Additional tools available include customized timelines, sample floor plan concepts, and interior style packages.

CrossFields Interiors & Architecture provides architectural, interior design, construction, and consulting services developed specifically for practitioners in the holistic health and wellness sector. The firm?s resources and expertise assist providers in making informed facility-related decisions that align with current operational requirements while allowing flexibility for future expansion. Through both project work and educational offerings, the company contributes to the development of clinical environments that meet the functional and aesthetic needs of modern wellness practices.

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**CrossFields Interiors & Architecture**

*CrossFields Interiors & Architecture, we're the only architectural + interior + construction + consulting firm that specializes in holistic health & wellness environments.*

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