Clareo Plastic Surgery Introduces Preservé by Motiva for Shape-Focused Breast Augmentation

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CHESTNUT HILL, MA - May 12, 2026 -
Clareo Plastic Surgery has introduced Preservé by Motiva® for patients considering breast augmentation with a more modest, shape-focused goal. The technique offers another option for patients who want natural-looking breast enhancement, improved contour, and a recovery process that is shorter than traditional breast augmentation for appropriate candidates.

Preservé by Motiva® is centered on preserving more of the breast?s natural support structure during augmentation. A key part of the technique involves preserving the circum-mammary ligament, which helps anchor the breast to the chest wall. To support that goal, the implant pocket is placed higher on the chest wall than it typically would be in a traditional breast augmentation.

That difference changes the way the procedure is planned. Preservé is less about choosing a specific cup size and more about working within the patient?s existing breast architecture. The technique is generally best suited for patients who want to improve shape, restore soft fullness, and keep the result proportionate to their frame.

Clareo Plastic Surgery is introducing the technique as part of its broader focus on natural-looking cosmetic outcomes and individualized surgical planning. The Chestnut Hill practice has long emphasized patient education, realistic expectations, and proportion across breast and body procedures. Preservé fits that approach because it requires careful attention to anatomy, tissue support, implant selection, and the patient?s goals before surgery is recommended.

The technique is not a fit for every breast augmentation patient. Patients seeking a dramatic increase in size, a very full upper-breast look, maximum cleavage, or round implants may be better suited for a traditional breast augmentation or another breast enhancement plan. Preservé is a more selective option, and candidacy depends on the patient?s anatomy, tissue support, desired shape, and implant fit.

Implant size is limited with Preservé. The largest implant used with the technique is 315cc, and many patients will need a smaller size based on their anatomy. Clareo Plastic Surgery explains this distinction during consultation so patients understand the procedure?s purpose before deciding whether it matches their goals.

Preservé is performed with Motiva Ergonomix® implants and cannot be performed with round implants. That requirement reflects the shape-first nature of the technique. The implant needs to work within the patient?s natural support structure rather than create a larger or more rounded look that may not fit the preserved pocket.

Recovery is a reason patients may ask about Preservé. Because the technique is planned around preserving more of the breast?s natural structure, patients may return to full activity around two weeks after surgery, once cleared by the surgeon. Traditional breast augmentation often requires a longer activity restriction period. Recovery still varies by patient, and Clareo Plastic Surgery provides individualized post-operative guidance based on the procedure performed and how healing progresses.

Preservé is typically performed with IV sedation and local anesthesia, when appropriate. This may be relevant for patients who are interested in avoiding general anesthesia, although the final anesthesia plan depends on the patient?s health, procedure details, comfort level, and surgeon recommendation. The incision is placed in the inframammary fold, where the breast meets the chest, and is approximately 3cm.

The consultation process remains an important step for patients considering Preservé by Motiva®. At Clareo Plastic Surgery?s Chestnut Hill office, patients meet with board-certified plastic surgeons and are evaluated based on breast shape, tissue support, skin quality, nipple position, desired volume, recovery expectations, and overall proportions. The goal is to determine whether Preservé, traditional breast augmentation, a lift, fat transfer, or another approach is most appropriate.

For patients who want modest breast enhancement and a result that feels balanced with their body, Preservé

by Motiva® offers a new option to discuss during consultation. Clareo Plastic Surgery helps patients understand what the technique can and cannot do before making a decision.

Patients interested in Preservé by Motiva® can contact Clareo Plastic Surgery to schedule a private consultation with a board-certified plastic surgeon at the Chestnut Hill office. During the consultation, patients can discuss their goals, learn whether the technique fits their anatomy, and compare Preservé with other breast enhancement options.

About Clareo:
Clareo specializes in a wide range of cosmetic procedures tailored to enhance natural beauty. From subtle refinements to comprehensive transformations, the practice focuses on patient-specific results that support confidence, wellness, and long-term satisfaction.
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For more information about Clareo Plastic Surgery, contact the company here:Clareo Plastic SurgeryAbbey Davisadavis@viamark.com25 Boylston Street Suite 304, Chestnut Hill, MA 02467

Clareo Plastic Surgery

Clareo specializes in a wide array of transformative procedures tailored to enhance natural beauty. Whether considering a subtle refinement or a comprehensive makeover, Clareo's expert team is dedicated to delivering results that exceed expectations.

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