



AG Injury Rehabilitation Launches New Website to Support Injury Recovery Across Wigan

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AG Injury Rehabilitation Sports Injury Clinic has officially launched its new website, providing clients across Wigan and surrounding areas with easier access to professional sports rehabilitation and musculoskeletal injury services.

The new website has been designed to give patients a clear and user-friendly platform where they can learn more about available treatments, rehabilitation plans, and injury recovery support. The launch reflects the company's commitment to helping individuals recover from pain, injury, and physical setbacks through tailored rehabilitation programmes and evidence-based care.

Based in Wigan, AG Injury Rehabilitation supports a wide range of clients, from athletes and gym-goers to individuals dealing with everyday musculoskeletal pain and mobility issues. The clinic specialises in helping patients improve movement, reduce pain, rebuild strength, and safely return to sport, work, and daily activities.

Injury rehabilitation is a structured, evidence-based process that restores function, reduces pain and rebuilds strength following musculoskeletal injury, surgery or chronic conditions. At AG Injury Rehabilitation, Amy Garratt provides hands-on sports therapy, biomechanical assessment and individually tailored rehabilitation programmes helping athletes, active individuals and everyday patients achieve a safe and lasting return to movement.

Amy Garratt is a BSc-qualified sports rehabilitator with over 15 years of experience in musculoskeletal assessment, injury rehabilitation and sport-specific recovery. She founded AG Injury Rehabilitation to provide a specialist, patient-centred alternative to generic physiotherapy - giving every patient the time, attention and expertise their injury demands.

Amy works with a broad range of patients, from elite and competitive athletes to recreational gym-goers and individuals managing long-term musculoskeletal conditions. Her approach is built on thorough clinical assessment, evidence-based treatment and clear communication - ensuring every patient understands their diagnosis and their route back to full function.

AG Injury Rehabilitation provides a sports injury clinic and a wide range of rehabilitation and injury management services, including sports injury rehabilitation, back pain treatment and rehabilitation, knee pain rehabilitation, tendon pain and tendon damage treatment, shoulder pain rehabilitation, ACL rehabilitation, strength and conditioning programmes, and musculoskeletal assessments and injury treatment.

The company treats a wide range of muscle, tissue, joint, and bone conditions, including muscle strains and tears, ligament sprains and joint instability, tendon pain and tendinopathy, knee pain and ACL injuries, shoulder injuries including rotator cuff problems, lower back pain, hip and groin injuries, ankle injuries and Achilles pain, neck pain, pre and post-surgical rehabilitation, and overuse and repetitive injuries.

The newly launched website also highlights the clinic's focus on personalised treatment plans and long-term recovery strategies, helping patients address the root cause of injuries rather than simply managing symptoms.

The goal is to provide professional rehabilitation support that people can trust. Whether someone is recovering from a sports injury, dealing with persistent pain, or looking to improve strength and mobility, they aim to create rehabilitation plans that support long-term recovery and confidence.

AG Injury Rehabilitation Wigan serving Wigan and nearby areas, AG Injury Rehabilitation continues to grow its local reputation for approachable care, professional rehabilitation support, and patient-focused treatment.

To learn more about AG Injury Rehabilitation or to book an appointment, visit <https://ag-injury-rehabilitation.co.uk/>.

About AG Injury Rehabilitation

AG Injury Rehabilitation is a Wigan-based sports rehabilitation clinic providing injury assessment, rehabilitation, strength and conditioning, and musculoskeletal treatment services. The clinic supports clients across Wigan and surrounding areas with personalised recovery programmes designed to improve movement, reduce pain, and support long-term physical health.

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For more information about Ag Injury Rehabilitation, contact the company here: Ag Injury Rehabilitation Amy Garratt 07482 015552 hello@ag-injury-rehabilitation.co.uk Amy Garratt Injury Rehabilitation 15 Norfolk St Newtown Wigan WN5 9BJ

Ag Injury Rehabilitation

AG Injury Rehabilitation helps people recover from injury, surgery and chronic pain through tailored rehab programmes. Led by Amy Garratt, the clinic combines hands-on treatment with structured exercise to return clients to full function.

Website: <https://ag-injury-rehabilitation.co.uk/>

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