



## **MaxLiving Chiropractic - Naples Supports Pediatric Chiropractic Care for Families Throughout Collier County, FL**

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MaxLiving Chiropractic - Naples supports pediatric chiropractic care for families throughout Collier County. The clinic addresses spinal and nervous system stresses that children encounter from birth through developmental milestones such as crawling, walking, and occasional falls. These events can influence growth and function, and the clinic applies gentle methods consistent with its established family wellness model in the Naples area.

Pediatric chiropractic care at the clinic focuses on the underlying factors affecting a child's spinal alignment and nervous system communication. From the birthing process onward, the body experiences various physical demands. The clinic's approach seeks to reduce interferences that may arise during these stages, supporting the child's natural development and ability to function optimally.

Parents have reported observations including healthier immune system responses, more regular bowel movements, improved sleep patterns, fewer ear infections, enhanced concentration, and brighter mood in their children following chiropractic care. These accounts reflect individual experiences and vary widely.

Research on chiropractic interventions in pediatric populations includes studies on musculoskeletal issues, colic, and otitis media, with some systematic reviews indicating potential benefits in symptom reduction while noting the need for higher-quality evidence and further investigation. Care always complements, rather than replaces, pediatric medical oversight.

The clinic integrates pediatric chiropractic care within the 5 Essentials framework. This consists of Core Chiropractic, Nutrition, Mindset, Oxygen and Exercise, and Minimize Toxins. The model emphasizes a whole-body perspective to identify and address potential contributing factors across multiple areas of health. Patient care follows a consistent process beginning with a thorough health history review to understand the child's specific circumstances, limitations, and family goals. Data collection may include assessments, followed by analysis and development of individualized strategies. Education equips families to participate actively in supporting their child's wellness.

As a pediatric chiropractor in Collier County, the clinic serves newborns through adolescents with gentle, age-appropriate techniques. The adjustments prioritize safety and precision for developing spines. The approach aligns with the clinic's philosophy of honoring the body's innate wisdom and reducing interferences to natural processes.

Dr. Maryella Loman, Doctor of Chiropractic and board-eligible Chiropractic Sports Physician, contributes significant experience to pediatric and family services. She graduated from the University of Minnesota and Northwestern Health Sciences University in 1989. After initially pursuing orthopedic surgery, Dr. Loman experienced a car accident that introduced her to chiropractic care. The relief and philosophy led her to change career paths. With more than 29 years of clinical practice, she co-launched MaxLiving Chiropractic - Naples in January 2018 with Dr. Greg Loman.

Dr. Greg Loman, Doctor of Chiropractic, complements the team with his 1990 graduation from Life University. He built a large chiropractic clinic, hosted the "Ultimate Health" radio and television programs in the 1990s, authored the New York Times best-seller "One Minute Wellness," and captained "Team Chiropractic" to world and national championships in offshore powerboat racing. The doctors co-founded the MaxLiving principles and 5 Essentials framework. Their work includes community charities and a foundation providing care, healthy meals, and education for at-risk populations.

"Prenatal and pediatric chiropractic care, when applied gently and within a structured framework, supports spinal alignment during key developmental periods," said Dr. Maryella Loman, Doctor of Chiropractic at MaxLiving Chiropractic - Naples.

The clinic's long-standing dedication to family wellness includes education as a core element. Families receive guidance on how spinal health relates to overall function in growing children. This knowledge helps

inform decisions and promotes consistent support at home. The 5 Essentials model provides a comprehensive structure that addresses multiple dimensions of child health without relying on symptom-focused interventions alone.

"Pediatric care at the clinic combines precise adjustments with family education to help children navigate growth stages with reduced interference to natural development," said Dr. Maryella Loman, Doctor of Chiropractic at MaxLiving Chiropractic - Naples.

MaxLiving Chiropractic - Naples has served the community since January 2018, building on the doctors' earlier local presence since 1992. The combined clinical experience of the team exceeds 60 years. The practice emphasizes personalized plans tailored to each child's needs and family context. Community involvement remains integral, reinforcing the clinic's role in supporting family health in Collier County.

The pediatric services reflect the broader MaxLiving network focus on root-cause approaches rather than isolated treatments. Care prioritizes thorough assessment, safety, and ongoing family partnership. This model aligns with national trends in utilization of chiropractic for pediatric wellness, where millions of visits occur annually across various age groups.

MaxLiving Chiropractic - Naples is a chiropractic clinic dedicated to principled care and the 5 Essentials framework. The practice empowers families to pursue wellness by addressing root causes and supporting natural processes through spinal corrective care, nutritional guidance, and educational resources.

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## **MaxLiving Chiropractic Naples**

*Doctors Greg and Maryella Loman have been serving patients in Naples since 1992 and have over 60 years of collective clinical experience.*

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