

Tamra Bedford, Cosmetic RN Expands Botox and Injectable Treatments at New San Ramon Location

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SAN RAMON, CA - May 21, 2026 -
Tamra Bedford, Cosmetic RN, has expanded cosmetic injectable services at her recently relocated practice in San Ramon, California, offering specialized neuromodulator treatments including Botox and Dysport for patients seeking natural-looking facial rejuvenation. The expanded services are now available at her new facility at 160 Sunset Dr, Suite 110, within IMAGE Studios at Bishop Ranch.

The practice specializes in neuromodulator treatments that temporarily relax targeted facial muscles to reduce the appearance of dynamic wrinkles, including forehead lines, frown lines between the eyebrows, and crow's feet around the eyes. These FDA-approved treatments work by blocking nerve signals to specific muscles, allowing the overlying skin to smooth and soften over the course of several days.

Botox treatments in San Ramon with Tamra Bedford, Cosmetic RN follow a comprehensive consultation process designed to achieve subtle, natural-looking results. Each treatment plan is customized based on individual facial anatomy, muscle movement patterns, and aesthetic goals. The practice emphasizes

conservative dosing for first-time patients to ensure optimal outcomes while maintaining natural facial expressions.

"My approach to injectable treatments focuses on enhancing natural beauty rather than creating an overdone appearance," said Tamra Bedford, Cosmetic RN. "During the consultation, I assess each patient's unique facial structure and movement patterns to develop a personalized treatment plan. Starting conservatively allows us to achieve beautiful results while ensuring patients feel comfortable and confident with their refreshed appearance."

With more than 20 years of experience in medical aesthetics, Bedford has established herself as a trusted provider serving the San Ramon and Tri-Valley communities for over 17 years. Operating under the medical direction of Dr. Stephen Ronan, MD, FACS, of Blackhawk Plastic Surgery, the practice maintains the highest standards of safety and medical oversight.

The concierge-level approach distinguishes the practice from larger medical spas. Bedford personally performs every aspect of treatment, from initial consultation through injection and follow-up care. This continuity of care ensures consistent results and allows for precise adjustments based on individual patient response and preferences.

Neuromodulator treatments benefit adults experiencing moderate to severe dynamic wrinkles caused by repetitive facial movements. Common treatment areas include horizontal forehead lines, vertical frown lines, and lateral canthal lines around the eyes. Results typically become visible within 2-3 days for Dysport and 3-5 days for Botox, with effects lasting approximately three to four months.

The new San Ramon facility serves patients from throughout the East Bay region, including Danville, Dublin, Pleasanton, Alamo, Walnut Creek, and the broader Bay Area. The location within Bishop Ranch provides convenient access and ample parking for patients seeking professional aesthetic treatments.

Tamra Bedford, Cosmetic RN offers comprehensive skin rejuvenation services beyond injectable treatments, including laser hair removal, medical microneedling, chemical peels, IPL treatments, and rosacea management. The practice combines advanced aesthetic technologies with personalized treatment protocols to address various skin concerns and aging-related changes.

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Tamra Bedford, Cosmetic RN

Tamra Bedford, Cosmetic RN: Over 20 years of expertise in personalized aesthetic treatments like laser hair removal and microneedling in San Ramon, CA.

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