



Those Who Suffer From Low Back Pain Can Now Find Relief Even While At Home

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Simbanaglo LLC, a clinic in Solna, Sweden, has launched a new low back pain remedy. This remedy provides a quick and easy method for pain relief. This can be used in the comfort of a patient's own home, and it has been found by those who have tried it to be effective. An increasing number of people have now been able to get rid of low back pain thanks to this new remedy.

Anne Naglo, founder of Simbanaglo LLC, says: "I have created the 'Pain or Pleasure' program, which contains four videos and four text files. This is all the information people need in order to get rid of their low back pain, for good. I'm so happy to see that many people have already benefited from my program and have regained their quality of life."

The program starts with a module that describes the road to recovery. This is followed with information on how to actually target the treatment for back pain. Next, patients learn about 'vigor for vitality', which demonstrates how simply changing posture can make a tremendous difference to people's overall mood and even personality. Finally, Naglo describes exercises for extraordinary. Put together, this can provide people with the pain relief that they are looking for.

"See me as your health coach," adds Naglo, "and let me help you on the road to recovery."

Those who have tried the program have been overwhelmingly positive about the results they have experienced. The story of 83 year old Anna-Stina Alvin from Sweden is shared on the clinic's website. "My days were focused on the back problems, because I had difficulty performing any tasks without getting stuck in forward position. I also had a very strong pain. After following the advice and training in the videos I got, I was completely symptom free after 10 days, and I have not had any symptoms since then. This is just amazing!"

People are encouraged to check out the Your Health Coach website and Facebook page for further information on the back pain remedy. In so doing, they can not only start on their own road to recovery, but share this with others as well.

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Simbanaglo LLC

*Your virtual assistant, a health mentor to ask your questions concerning health, pain issues, other physical problems.
Your coach to create an extraordinary lifestyle!*

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