



Tree of Life Wellness Center Provides Gentle Chiropractic Care in Elmhurst, IL

May 22, 2026

ELMHURST, IL - May 22, 2026 -

Tree of Life Wellness Center has offered non-surgical reconstructive care to families in the Elmhurst area since 2005. The practice continues to provide chiropractic services, corrective therapies, and wellness support with a focus on addressing movement, nervous system function, and muscle support for moms, children, and active adults.

The center integrates chiropractic adjustments with complementary approaches including rehabilitation exercises and red infrared light therapy. This model has been part of the local healthcare landscape for more than two decades under the leadership of its founder, who maintains a commitment to family-centered care.

Dr. Kelly Synowiec-Moroney serves as founder and lead chiropractor. She brings more than 26 years of clinical experience to the practice. Her background includes work with pediatric and family wellness, prenatal and postpartum care, and support for active individuals. Growing up in the Chicago suburbs, Dr. Synowiec-Moroney experienced frequent medication use for symptoms such as headaches during her youth.

This led her to pursue chiropractic education with an emphasis on nervous system health and nutrition.

"True health comes from supporting the nervous system in the way it is designed to function," said Dr. Kelly Synowiec-Moroney, Founder and Lead Chiropractor at Tree of Life Wellness Center. "For more than 26 years, I have worked with families using approaches that focus on movement restoration and muscle support."

The center's care model includes gentle adjusting techniques that utilize instrument-assisted methods such as Impulse IQ and Activator. These approaches are described as suitable for patients of various ages, including children. Corrective therapies incorporate wall traction, vestibular exercises, lordotic pump therapies, and customized home exercise programs. Red infrared light therapy is available to support circulation and tissue recovery as a complementary modality.

Tree of Life Wellness Center provides nutrition guidance through personalized recommendations and access to a professional online dispensary for doctor-recommended supplements. The practice addresses physical, chemical, and lifestyle factors that contribute to overall wellness. Patients receive education on their conditions and participate in developing care plans that align with their health goals.

Common areas of focus include management of discomfort related to sciatica, neck pain, back pain, hip pain, and foot pain. The center coordinates with other healthcare providers when additional medical expertise may benefit patient outcomes. Most insurance plans are accepted, with filing support provided to patients.

"Helping families maintain mobility and participate in daily activities remains a priority," Dr. Kelly Synowiec-Moroney added. "We work with patients to provide information and tools that support their health over extended periods, including considerations for five, 10, and 15 years ahead."

Since its establishment in 2005, Tree of Life Wellness Center has engaged with the Elmhurst community through educational workshops and wellness discussions. The practice operates from a single location where patients receive individualized attention during each visit. The care process begins with an initial consultation that includes health history review and examination, followed by findings review and ongoing support as appropriate.

Dr. Synowiec-Moroney's path to chiropractic practice developed from a desire to offer alternatives to symptom-focused approaches she observed in her earlier years. As a mother, she applies both clinical knowledge and practical understanding of family demands. The center's methodology combines conservative care principles with patient education to encourage informed participation in wellness activities.

The non-surgical reconstructive care provided at the center targets nerve, bone, and muscle components in

coordinated fashion. Adjustments are performed using techniques that minimize traditional sounds associated with manual manipulation, creating a comfortable environment for sensitive patients. Complementary services such as massage therapy are available through team members including licensed massage therapists.

Tree of Life Wellness Center maintains core values of honesty, compassion, and empowerment through knowledge. Practitioners emphasize transparency in treatment planning and expected processes. The practice supports busy family schedules with flexible appointment options and avoids long wait times when possible.

Community members in Elmhurst and surrounding areas have accessed services for various stages of life, from prenatal care through active adulthood. The center's ongoing presence since 2005 reflects a stable role in local wellness resources. Educational components help patients understand contributing factors to their conditions and strategies for management.

The integration of chiropractic services with wellness support allows for comprehensive attention to individual needs. Red infrared light therapy sessions use focused, handheld delivery for targeted application. Rehabilitation programs include customized exercises that patients can continue at home to support progress between visits.

Dr. Kelly Synowiec-Moroney continues to lead the practice with an emphasis on evidence-informed techniques where available and complementary approaches for overall support. Her experience spans independent practice and the development of a multidisciplinary wellness environment. This evolution has enabled expanded services while preserving focus on family health.

Tree of Life Wellness Center remains active in providing care that aligns with its founding principles. The practice supports patients seeking structured approaches to movement, function, and wellness maintenance within the Elmhurst community.

Tree of Life Wellness Center offers non-surgical reconstructive care, gentle chiropractic services, corrective therapies, and wellness support to families in the Elmhurst area. Founded by Dr. Kelly Synowiec-Moroney, the practice specializes in family wellness with attention to the needs of moms, children, and active adults.

###

For more information about Tree of Life Wellness Center, contact the company here: Tree of Life Wellness Center Dr. Kelly Synowiec-Moroney (630) 941-8733 office@elmhurstwellness.com 551 S Spring Rd Elmhurst, IL 60126

Tree of Life Wellness Center

We work with families to help them understand that many chronic conditions can be helped with non-surgical reconstructive care, rather than routine prescription drugs and surgery.

Website: <https://www.elmhurstwellness.com>

Email: office@elmhurstwellness.com

Phone: (630) 941-8733

