

Maltepe Dental Clinic Marks Two Decades of International Care

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ISTANBUL, TR - June 10, 2026 -
Maltepe Dental Clinic, a Turkish dental practice with facilities in Istanbul and London, enters its 24th year of operation as new clinical research continues to highlight the central role of practitioner experience in treatment outcomes ? particularly for complex procedures such as dental implants.

A retrospective cohort study published in 2024 in the Journal of Dentistry ? "Survival of dental implants placed in a postgraduate educational setting" ? analyzed 1,049 implants over a mean follow-up of roughly 795 days and assessed how operator experience, alongside patient and surgical factors, affected implant failure. The findings reinforce a principle that has guided Maltepe Dental Clinic since its founding: that practitioner expertise and patient safety remain the foundation of successful international dental care.

Founded in 2002 by Dr. Yusuf Ilhan and Dr. Alper Gurhan, the clinic has, according to its patient records, treated patients from more than 85 countries in the years since ? a cumulative total built across more than two decades of practice. It became the first Turkish dental clinic to open its own facility in the United

Kingdom, where Dr. Ilhan has provided consultations since 2019.

"Patient safety and practitioner expertise remain the foundation of successful international dental care," stated Dr. Alper Gurhan, who graduated from Istanbul University Faculty of Dentistry in 2001 and specializes in CAD/CAM applications and full-ceramic restorations. "Our dental clinic experience spanning nearly a quarter-century has shown us that accumulated expertise directly shapes the quality and predictability of treatment."

In that 2024 Journal of Dentistry analysis, a history of treated periodontitis and smoking emerged as the only factors with independent prognostic value for implant failure, while operator experience influenced outcomes within the training cohort. These findings are reinforced by a 2025 retrospective multicenter study published in the International Journal of Dentistry, "Outcomes of Dental Implants in Routine Clinical Practice," which tracked implants placed in everyday clinical settings over a mean follow-up of nearly four years and reported high long-term survival. The authors concluded that following current clinical guidelines for implant therapy and adhering closely to manufacturer protocols are central to achieving consistently satisfactory outcomes ? practices that depend directly on clinician training and accumulated experience.

Dr. Yusuf Ilhan, who completed his PhD in Prosthodontics at Marmara University in 2008, emphasized the correlation between experience and patient outcomes. "Clinical evidence has long demonstrated that accumulated expertise directly impacts treatment success. Our commitment to utilizing internationally recognized implant brands including Straumann, MegaGen, ICX, and Hiossen reflects this understanding."

The clinic operates from its main facility in Ko?uyolu, Kad?köy, Istanbul, equipped with an in-house laboratory that allows restorations to be designed and produced on site, shortening timelines for patients who travel for care and reducing reliance on external labs. The practice maintains international certifications including ISO 9001:2015, ISO 13485:2016, and ISO 10002:2018, along with Turkey's International Health Tourism Authorization Certificate. As dental tourism continues to evolve, the intersection of clinical experience and patient safety standards becomes increasingly relevant to patients choosing care abroad.

Maltepe Dental Clinic's trajectory from a single treatment room to an international practice with facilities in two countries reflects broader changes in global dental treatment delivery. The clinic's adoption of advanced technologies including digital CAD/CAM systems and soft-tissue laser applications demonstrates ongoing investment in treatment capabilities alongside accumulated clinical experience in successful dental care.
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Maltepe Dental Clinic

Maltepe Dental Clinic delivers world-class dental care, backed by over 22 years of expertise, cutting-edge technology, and a dedicated team, serving patients in Istanbul and at our London consultation office.

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