

Wave Chiropractic Highlights Dr. Mary Carleton as Chiropractor in Bradenton, FL

May 26, 2026

BRADENTON, FL - May 26, 2026 -
Wave Chiropractic recognizes the professional contributions of Dr. Mary Carleton, who brings more than two decades of experience in chiropractic care with a focus on pediatric and prenatal services. A graduate of Logan College of Chiropractic, Dr. Carleton holds certification through the International Chiropractic Pediatric Association. This training supports her work with children and expectant mothers.

Dr. Mary Carleton began her career with a commitment to helping families through holistic methods. She applies low-force and manual adjusting techniques along with instrument adjusting to meet individual patient needs. Her approach emphasizes creating a supportive setting for young patients and pregnant women.

Dr. Carleton places importance on patient education. She provides information about spinal health and wellness practices to help families make informed choices. This educational focus forms part of the collaborative process at the practice.

As a chiropractor in Bradenton, FL, Dr. Mary Carleton participates in a range of family services. These include prenatal care, sports and athlete care, auto injury recovery, and general wellness programs. Available techniques include Arthrostim instrument adjusting, spinal decompression, flexion-distraction, intersegmental traction therapy, electrotherapy, and the Webster In-Utero Constraint Technique.

Dr. Mary Carleton shared her perspective on patient care. "Patient education helps families understand spinal health and wellness considerations," said Dr. Mary Carleton. "Collaborative approaches support individuals in exploring proactive strategies."

Dr. John Carleton highlighted the team environment. "Working together enables the practice to address family needs across different life stages," said Dr. John Carleton.

Patient education remains an important element of the services offered. Wave Chiropractic provides interactive spine education resources that allow exploration of the cervical, thoracic, lumbar, sacral, and coccyx regions. These tools present information on nerve root connections and their links to body functions in a clear format.

The clinic also offers a collection of chiropractic videos covering adjustment techniques, spinal health principles, stress management, and related topics. These materials, along with blog content and frequently asked questions, assist patients in learning about chiropractic concepts.

Dr. Mary Carleton enjoys spending time with her three children. Family activities include time at the pool and building sandcastles on the beach. She also pursues interests in cooking and baking, exploring new recipes to share with loved ones. These personal activities align with her professional focus on family well-being.

Wave Chiropractic operates as a community-based clinic providing non-invasive chiropractic services. The facility serves individuals and families in the Bradenton area with personalized care plans centered on spinal alignment and nervous system considerations. The team supports patient involvement through direct communication and accessible resources.

Dr. Mary Carleton?s background from Logan College of Chiropractic aligns with the practice philosophy. Alongside Dr. John Carleton, she contributes to the family-oriented environment. Their shared educational foundation supports consistent approaches to care.

The clinic maintains a setting designed for patient comfort and accessibility. Educational materials supplement discussions during visits and help reinforce general knowledge of spinal topics. Wave Chiropractic continues to serve the local community with professional services focused on natural methods.

The practice philosophy involves attention to spinal health through alignment techniques and education. Dr. Mary Carleton?s experience in pediatric and prenatal areas contributes to the range of services available. Her work supports the clinic?s role in the Bradenton community.

Additional details from the practice include attention to various family health considerations. Services extend to support for different age groups and activity levels. The team utilizes established chiropractic methods tailored to patient assessments.

Dr. Mary Carleton?s dedication is reflected in both her clinical work and family life. Her involvement in the community through the practice demonstrates a consistent focus on health topics.

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For more information about Wave Chiropractic, contact the company here:Wave ChiropracticDr. John Carleton(941) 242-2732docs@wavechiropracticfl.com5233 4th Ave Cir E, Bradenton, FL 34208

Wave Chiropractic

Dr. John Carleton is a seasoned chiropractor with over two decades of experience dedicated to empowering individuals to achieve optimal health and wellness.

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