

The Iskandar Complex Hernia Center

The Iskandar Complex Hernia Center Releases Patient Guide on Hernia Surgery Duration in Waxahachie, Texas

June 18, 2026

Waxahachie, TX - June 18, 2026 -

The Iskandar Complex Hernia Center, a general surgery practice located in Waxahachie, Texas, has released a patient education resource explaining how long hernia surgery typically takes. The guide outlines the time required for basic and complex hernia repairs and describes the pre-operative, intra-operative, and recovery phases that patients can expect. The full article, titled *How Long Does Hernia Surgery Take?*, is published on the practice website and serves patients researching surgical timelines across North Texas.

According to data referenced in the guide and reported by the U.S. Food and Drug Administration, more than one million hernia repairs are performed each year in the United States, with approximately 800,000 of those addressing inguinal hernias and the remainder covering other hernia types. The Iskandar Complex Hernia Center serves patients throughout Waxahachie, Dallas, Fort Worth, and Midlothian who require complex hernia surgery, abdominal wall reconstruction, robotic hernia repair, and minimally invasive hernia surgery. The published article notes that basic laparoscopic hernia procedures generally require 60 to 120 minutes of actual surgical time, with duration influenced by the size and location of the hernia, including inguinal, umbilical, ventral, and hiatal types. Patients across Waxahachie, Dallas, Fort Worth, and Midlothian

presenting for hernia evaluation are typically referred for one of these basic categories, with smaller, primary hernias generally falling within this time range.

For patients in Dallas and Fort Worth who undergo complex hernia surgery via robotic-assisted laparoscopic techniques at the Waxahachie practice, the procedure itself typically lasts between two and five hours. The article explains that complex hernias by definition are usually large, recurrent hernias that often require abdominal wall reconstruction. Robotic-assisted approaches have allowed certain procedures that previously required open surgery to be performed minimally invasively, with the majority of patients undergoing robotic complex hernia repair discharged the same day or staying one night in observation. For patients in Waxahachie and Midlothian who are not eligible for robotic techniques because of factors such as hernia size, the need for skin removal, bowel resection, or prior mesh removal, the guide indicates that open complex hernia surgery can take three to six hours and generally requires a hospital stay of two to three days. The time difference between robotic-assisted and open approaches also corresponds to differences in wound complication risk and overall recovery timelines, which the article identifies as important factors for patients evaluating treatment options.

The article also describes the standard pre-operative timeline, which includes admission to the hospital approximately two hours before the scheduled start time for the collection of final medical information and recording of vital signs, followed by approximately fifteen minutes of anesthesia induction and ten to fifteen minutes of surgical preparation before the operation begins. Recovery and observation in the post-operative area complete the day for most basic hernia patients in Waxahachie before same-day discharge. The published timeline is intended to help patients in Waxahachie, Dallas, Fort Worth, and Midlothian prepare practically for the day of their procedure and arrange post-operative support.

"The duration of hernia surgery is one of the most common questions patients ask before scheduling a procedure, and the honest answer is that it varies considerably based on the type of hernia, its size, and whether the repair is a first attempt or a revision," said Dr. Mazen Iskandar, MD, FACS, complex hernia surgeon and founder of The Iskandar Complex Hernia Center, a Surgical Review Corporation Hernia Center of Excellence. "Educational resources like this article give patients across North Texas a realistic understanding of what to expect, from the two-hour pre-operative window through anesthesia, surgical preparation, the procedure itself, and post-operative observation."

The Iskandar Complex Hernia Center is located at 2360 N Interstate 35 E Rd, Suite 310-B, Waxahachie, Texas 75165, within Baylor Scott & White Medical Center ? Waxahachie. The practice serves patients throughout Waxahachie, Dallas, Fort Worth, and Midlothian, with practice location and hours available on the Google Maps listing. Driving directions to the practice are also provided for patients traveling from across the Dallas-Fort Worth Metroplex.

For more information about complex hernia surgery, abdominal wall reconstruction, and robotic hernia repair at The Iskandar Complex Hernia Center in Waxahachie, the patient education article on hernia surgery duration is available on the practice website. The Iskandar Complex Hernia Center continues to publish educational resources for patients in Waxahachie, Dallas, Fort Worth, and Midlothian considering hernia repair, with topics ranging from procedure duration and recovery timelines to questions about specific hernia types and surgical technique selection.

###

For more information about The Iskandar Complex Hernia Center, contact the company here: The Iskandar Complex Hernia Center Mazen Iskandar info@iskandarcenter.com The Iskandar Complex Hernia Center 2460 I-35E Suite 310-B Waxahachie, TX 75165

The Iskandar Complex Hernia Center

The Iskandar Complex Hernia Center offers complex hernia surgery and advanced abdominal procedures with renowned expertise and unparalleled compassion so that you can enjoy a dramatically improved quality of life.

Website: <https://iskandarcenter.com>

Email: info@iskandarcenter.com

The logo for The Iskandar Complex Hernia Center is displayed within a rectangular border. The text "The Iskandar Complex Hernia Center" is centered and rendered in a dark teal color. The words "The Iskandar" and "Complex Hernia Center" are stacked vertically, with "Complex" and "Hernia" on the same line.

**The Iskandar
Complex Hernia Center**