Abundant Health Physical Medicine Provides Regenerative Therapy Options for Neuropathy and Knee Conditions

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DAVENPORT, IA - June 03, 2026 -
Abundant Health Physical Medicine offers regenerative therapy options including stem cell therapy for neuropathy and knee joint regenerative therapy at its location in Davenport, Iowa. The clinic, led by Dr. Sinan Gocmen, D.C., incorporates these approaches within its established patient evaluation process.

Dr. Sinan Gocmen, D.C., graduated from Palmer College of Chiropractic in 2013. He holds certifications in the Webster Technique, Torque Release Technique, advanced extremity adjusting, and as a Functional Hyperbaric Clinician. His background includes participation in the CrossFit Games during his time at Palmer College, which has informed his perspective on physical demands placed on the body.

The clinic's process for patients begins with a comprehensive evaluation. This includes a review of medical history, physical examination, assessment of range of motion, orthopedic and neurological tests, and palpation to identify areas of restricted mobility. On-site diagnostic tools such as digital X-rays, ultrasound, and Fit3D scans support the assessment. A concierge patient care coordinator conducts an initial consultation to determine suitability for services.

Stem cell therapy for neuropathy is one option available through the clinic. The approach uses mesenchymal stem cells sourced ethically from umbilical cord tissue and processed in FDA-compliant labs. These cells are described on the clinic's information pages as highly active in regeneration with low risk for rejection. Administration may occur through intravenous infusion for systemic support or targeted injection depending on patient needs. The clinic notes that this therapy is positioned for conditions such as diabetic neuropathy and chemotherapy-induced neuropathy where conventional treatments have not provided sufficient relief.

Knee and joint regenerative therapy is another service offered by Abundant Health Physical Medicine. This

involves the introduction of stem-cell-rich tissue to support the body's repair mechanisms. The clinic's materials explain that stem cells have the ability to transform into specialized cells to address damaged tissues, such as cartilage in joints. As individuals age, natural stem cell production and effectiveness decrease, which the clinic states can contribute to ongoing joint issues. Regenerative injections are administered by a nurse practitioner as part of the available options.

The clinic operates under the Renew Healing Framework. This involves the creation of individualized care plans that address underlying factors rather than solely managing symptoms. Services are coordinated based on evaluation findings and patient progress. In addition to regenerative therapies, the clinic provides chiropractic care with spinal and extremity adjustments, neuropathy treatment protocols, medical grade red light therapy, the Normatec Recovery System, mild hyperbaric oxygen therapy, and spinal and knee decompression therapy.

Patient evaluations proceed in structured steps. Following the initial consultation, a full examination may be conducted if appropriate. Referrals are provided when chiropractic or regenerative services are not indicated. The facility includes a spacious reception area with refreshments and dedicated treatment rooms equipped with monitors for patient comfort during sessions.

"I was called to this profession to truly help people," said Dr. Sinan Gocmen, D.C., chiropractor at Abundant Health Physical Medicine.

Dr. Gocmen has also noted, "I want to provide people with the solutions, tools, and resources to help them make lasting changes."

Dr. Gocmen is a husband and father of two children. His personal interests include exercise, spending time outdoors, yard maintenance, and service at Rock Church of the Quad Cities. These elements align with the clinic's focus on supporting patients in their family and community roles.

Abundant Health Physical Medicine was established by Dr. Gocmen to address community needs for coordinated options in natural and alternative health care. The practice maintains in-network status with many insurance plans, including Medicare. The team includes a nurse practitioner who administers IV therapies and natural regenerative injections.

In the context of neuropathy, the clinic's information describes common symptoms such as burning, tingling, numbness, or weakness in the hands and feet. These can impact mobility, sleep, and daily activities. Stem cell therapy is presented as an option that works with the body's systems to address inflammation, circulation, and nerve repair processes. The clinic references laboratory and early human studies indicating potential for reduced pain, improved nerve conduction, and regeneration, while noting that individual results vary and no

guarantees are provided.

For knee and joint conditions, the regenerative therapy focuses on restoring function in areas affected by cartilage damage or other degenerative changes. The clinic explains that stem cells can differentiate based on the specific tissue needs, such as replacing cells in damaged joints. This approach is positioned as a response to the reduced regenerative capacity that occurs with aging.

The integration of regenerative options occurs alongside other modalities at the clinic. For example, spinal and knee decompression therapy provides controlled stretching to alleviate pressure. The Normatec Recovery System applies sequential compression for recovery support. Medical grade red light therapy sessions are available in designated areas. These elements are selected according to the individualized plan developed through the Renew Healing Framework.

Dr. Gocmen's educational path began after a personal health experience. While recovering from the flu with severe migraines, he received a chiropractic adjustment that led to symptom improvement. This prompted his move to Davenport, Iowa, and enrollment at Palmer College of Chiropractic. His athletic background has contributed to customized considerations for patients involved in physical activities.

The clinic environment is designed to support patient visits through its layout and amenities. Treatment rooms are configured for various modalities, and the reception area provides a comfortable setting. Abundant Health Physical Medicine continues to serve the Quad Cities region with attention to structured assessments and coordinated care plans.

The Renew Healing Framework emphasizes ongoing monitoring of patient response. Care plans evolve based on progress and additional evaluations as needed. This framework coordinates the range of available services, including the regenerative therapies for neuropathy and knee joint conditions.

Abundant Health Physical Medicine provides chiropractic care and regenerative therapy options in Davenport, Iowa. The clinic was established by Dr. Sinan Gocmen following his graduation from Palmer College of Chiropractic. It operates with a focus on evaluation-based, individualized planning processes for patients in the local community.

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Abundant Health Physical Medicine

At Abundant Health Physical Medicine, we offer a patient-centered approach to neuropathy treatment at our clinic in Davenport, Iowa

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