

Awaken Chiropractic Hosts Summer Family Fun Fest in Gainesville to Support Family Promise

June 03, 2026

GAINESVILLE, FL - June 03, 2026 -

Awaken Chiropractic will host the Summer Family Fun Fest on June 13, 2026 in Gainesville, FL as a community gathering open to families throughout the area. The event, scheduled from 10 a.m. to 1 p.m. at the practice location, brings together local businesses, activities for children, and resources focused on family wellness. The team at Awaken Chiropractic organizes this initiative to foster connections among residents while directing support toward Family Promise, an organization dedicated to serving families experiencing homelessness in the community.

The gathering features participation from various local vendors and businesses offering games, bounce house action, and lunch options for attendees. Families can explore offerings related to health and wellness alongside treats and activities suitable for all ages. Admission to the Summer Family Fun Fest remains free, allowing broad participation from the Gainesville community. This event aligns with the practice's ongoing efforts to contribute positively to local initiatives and promote collective well-being.

Awaken Chiropractic operates with a mission centered on improving the health and wellness of the entire community. The practice provides science-backed, ethical, and principled chiropractic care, including spinal re-alignments that support nervous system function for individuals from infants to seniors. This foundation informs the decision to host community-oriented events such as the Summer Family Fun Fest, which extends the practice's focus beyond clinical services to broader engagement.

Dr. Shane Semegon and Dr. Brittany Semegon founded the practice after completing their education at the University of Florida and Palmer College of Chiropractic. Their backgrounds include clinical experience in pediatric and maternal care settings, which shapes the approach at Awaken Chiropractic. The couple, both Gainesville natives, returned to the area to establish a practice that delivers safe and effective adjustments while equipping community members with tools for long-term wellness management.

The inclusion of Family Promise as the beneficiary reflects the practice's commitment to addressing local needs. Family Promise works to prevent and respond to family homelessness through shelter, support services, and housing stability programs. Proceeds and awareness generated through the Summer Family Fun Fest will contribute to these efforts, according to event details provided by the organizers.

Dr. Shane Semegon described the purpose behind the event. "Hosting the Summer Family Fun Fest provides an opportunity for families in Gainesville to come together in a positive setting while supporting the important work of Family Promise in our community," said Dr. Shane Semegon, chiropractor at Awaken Chiropractic.

Dr. Brittany Semegon added context on the community aspect. "Our team believes in combining wellness education with local involvement, and this event allows us to do both by creating a space for fun and connection that benefits organizations addressing critical needs," said Dr. Brittany Semegon, chiropractor at Awaken Chiropractic.

The practice maintains a team that includes Dr. Sarah Hull, whose experience in family-focused chiropractic care complements the overall mission. All providers emphasize neurologically based methods that aim to alleviate pain, support management of certain conditions, and encourage proactive health strategies. Educational resources available through the practice cover topics such as the role of spinal adjustments in supporting bodily functions, drawn from general research in the field.

Awaken Chiropractic has established itself as a resource for chiropractic care in Gainesville since its founding. The doctors' shared training at Palmer College of Chiropractic informs their use of techniques designed to optimize nervous system performance. This approach forms part of a broader philosophy that views community events like the Summer Family Fun Fest as extensions of wellness promotion.

Attendees at the June 13 event can expect interactions with multiple local participants, including vendors

offering food, activities, and information on health-related topics. The presence of bounce houses and games creates an environment suitable for children, while parents and caregivers can engage with wellness information from Awaken Chiropractic and partner organizations. The event schedule runs for three hours, providing sufficient time for families to participate fully.

This gathering represents one way the practice fulfills its role within the Gainesville area. By selecting Family Promise as the supported organization, Awaken Chiropractic directs attention to families facing housing instability, an issue that affects community health and stability. The free admission structure removes barriers, encouraging wider attendance from diverse segments of the population.

The practice's daily operations focus on individualized care plans that incorporate spinal re-alignments alongside guidance on posture, lifestyle factors, and preventive strategies. This comprehensive view aligns with hosting family-centered events that promote holistic well-being. Team members, including support staff, contribute to both clinical services and community outreach activities.

Dr. Shane Semegon's early exposure to chiropractic through his family's practice influenced his professional path. Similarly, Dr. Brittany Semegon's experiences reinforced her dedication to principled care. Together, they lead a team committed to ethical standards and evidence-informed methods. The Summer Family Fun Fest provides a public platform to demonstrate these values through action.

Planning for the event involved coordination with local businesses and organizations to ensure a range of activities. Vendors will showcase products and services relevant to family life, from nutrition to physical wellness. This collaborative format strengthens ties between Awaken Chiropractic and other community entities, creating a network of support for residents.

As the date approaches, interest in the Summer Family Fun Fest reflects the value placed on family-oriented gatherings in Gainesville. The practice encourages participation from all who wish to enjoy a day of activities while contributing to a meaningful cause. No registration is required, and the open format supports spontaneous attendance.

Awaken Chiropractic continues to integrate community service with its core services. The event on June 13 serves as a tangible expression of the practice's dedication to local impact. By focusing on family fun and support for Family Promise, the initiative addresses both immediate enjoyment and longer-term community needs.

The location at 2321 NW 41st St, Building B, offers convenient access for area residents. Ample space accommodates the expected activities, including outdoor elements suitable for the summer season. Weather considerations and family-friendly planning ensure a comfortable experience for participants.

In organizing this event, Awaken Chiropractic builds upon its established presence in Gainesville. The practice's emphasis on science-backed care extends to promoting wellness through education and engagement. This approach positions the Summer Family Fun Fest as a natural outgrowth of the team's mission.

Awaken Chiropractic is a chiropractic practice in Gainesville, Florida, dedicated to providing neurologically based care and wellness tools for lifetime health. Founded by Dr. Shane Semegon and Dr. Brittany Semegon, the team delivers spinal adjustments and community support initiatives that aim to enhance overall well-being for residents of all ages.

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