DRAGONFLY Medical and Behavioral Health Addresses Rising Kratom Health Warnings with Specialized Treatment Programs

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JOHNSON CITY, TN - June 03, 2026 -
DRAGONFLY Medical and Behavioral Health in Johnson City, Tennessee, has expanded its substance abuse treatment services to address the growing concerns surrounding kratom dependency in the Tri-Cities region. The healthcare provider now offers comprehensive treatment programs specifically designed for individuals struggling with kratom-related substance use disorders.

The expansion comes as healthcare professionals nationwide report increasing cases of kratom dependency, particularly as the substance has gained popularity as an unregulated alternative to traditional pain medications. DRAGONFLY Medical and Behavioral Health has developed specialized protocols for Kratom Abuse Treatment that incorporate both medical supervision and behavioral therapy components.

"We are seeing more individuals seeking help for kratom dependency than ever before," said a spokesperson for DRAGONFLY Medical and Behavioral Health. "Many people initially turn to kratom believing it to be a safe, natural alternative, but find themselves developing a dependence that significantly impacts their daily lives. Our comprehensive approach addresses both the physical and psychological aspects of recovery."

The program addresses the unique challenges associated with kratom dependency, including withdrawal symptoms that can range from mild discomfort to severe physical and psychological distress. Treatment protocols are tailored to manage these symptoms while addressing underlying issues that may have contributed to substance use.

The treatment center's Kratom Addiction Rehab program utilizes evidence-based methodologies including medically supervised detoxification, individual counseling, and group support sessions. The facility's team of healthcare professionals, including physicians, psychologists, and certified peer recovery specialists, work collaboratively to develop personalized treatment plans for each patient.

DRAGONFLY Medical and Behavioral Health accepts various insurance plans to ensure treatment accessibility for community members. The facility offers both in-person and telehealth services, allowing patients to receive care through the method that best suits their circumstances and comfort level.

The treatment center emphasizes a holistic approach that extends beyond addressing immediate substance use concerns. Family therapy services are available to help rebuild relationships affected by addiction, while aftercare planning ensures patients have continued support following initial treatment completion.

The facility operates Tuesday through Saturday with varying hours to accommodate different schedules. New patients are currently being accepted for both substance abuse treatment and mental health services.

"Let Us Help With Your Addiction is more than just a statement for us, it represents our commitment to providing compassionate, effective care to every individual who walks through our doors," the spokesperson added. "Recovery is possible, and we are here to support patients through every step of their journey."

DRAGONFLY Medical and Behavioral Health has served the Johnson City community with comprehensive addiction treatment and mental health services since its establishment. The facility maintains a multidisciplinary team approach, combining medical treatment with psychological support to address the complex nature of substance use disorders. Beyond kratom treatment, the center provides services for alcohol, opioid, methamphetamine, and marijuana dependencies, as well as smoking cessation programs and mental health counseling.

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Dragonfly Medical and Behavioral Health Johnson City

Dragonfly Medical and Behavioral Health in Johnson City, TN offers primary care, substance abuse treatment, and counseling services. We welcome TennCare Medicaid and Virginia Medicaid patients. Visit our website for more information.

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