



Cool Springs Foot Care Introduces Advanced Post-Surgical Recovery Program Utilizing MLS Laser Therapy

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Cool Springs Foot Care is proud to announce an enhanced post-surgical recovery program that incorporates Multiwave Locked System (MLS®) Laser Therapy as part of its comprehensive approach to foot and ankle surgery recovery. Led by renowned podiatric surgeon Dr. Lance Reeves, Cool Springs Foot Care continues to explore innovative technologies that help patients recover more comfortably and confidently following foot and ankle procedures, including minimally invasive bunion and hammertoe correction.

"Successful surgery is only part of the journey," said Dr. Reeves. "Our goal is to help patients recover as efficiently as possible so they can return to the activities they enjoy. MLS Laser Therapy has become an important tool in helping us support that recovery process."

Traditional recovery following foot surgery often involves swelling, inflammation, stiffness, and discomfort during the healing process. Cool Springs Foot Care now integrates MLS Laser Therapy into many postoperative care plans to help address these common challenges.

MLS Laser Therapy is a non-invasive, FDA-cleared technology that uses synchronized wavelengths of light to stimulate cellular activity and support the body's natural healing processes. Research suggests that photobiomodulation therapies such as MLS Laser Therapy may help reduce inflammation, improve circulation, decrease edema, and support tissue repair. Patients participating in the Cool Springs Foot Care recovery program may experience reduced postoperative swelling and inflammation, Improved comfort during recovery, enhanced circulation to healing tissues, improved flexibility and range of motion, Support for tissue repair and recovery, and Greater confidence returning to normal activities. Studies examining MLS Laser Therapy have demonstrated its ability to reduce inflammation, improve cellular energy production, and support tissue healing through photobiomodulation mechanisms. Additional clinical reports suggest that MLS Laser Therapy may be particularly valuable during postoperative rehabilitation by helping address swelling, scar tissue formation, and mobility limitations that commonly occur following surgery.

The MLS Laser Therapy program is one component of Cool Springs Foot Care's comprehensive "Back on Your Feet" recovery system. Patients receive detailed recovery guidance, regular follow-up visits, personalized rehabilitation recommendations, and ongoing Support from the surgical team throughout the healing process. By combining minimally invasive surgical techniques with advanced postoperative therapies, Cool Springs Foot Care seeks to provide a recovery experience that prioritizes both clinical outcomes and patient comfort.

Cool Springs Foot Care's Commitment to Innovation:

For years, Cool Springs Foot Care has focused on bringing advanced treatment options to patients throughout Middle Tennessee. The addition of MLS Laser Therapy to postoperative protocols reflects the practice's continued commitment to evidence-informed innovation and patient-centered care.

"Our mission is simple," Dr. Reeves explained. "We want every patient to know they have a team dedicated not only to performing excellent surgery but also to supporting them every step of the recovery journey."

About Cool Springs Foot Care:

Cool Springs Foot Care, PLLC, located in Franklin, Tennessee, provides comprehensive foot and ankle care with a special emphasis on minimally invasive surgical correction of bunions and hammertoes, laser therapies, sports medicine, diabetic foot care, and advanced treatment solutions designed to help patients remain active and independent. For more information about MLS Laser Therapy and post-surgical recovery programs, contact Cool Springs Foot Care or visit <https://coolspringsfootcare.com/>.

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For more information about Cool Springs Foot Care , contact the company here:Cool Springs Foot CareCool

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Cool Springs Foot Care

Dr. Reeves treats his patients like family. He believes patients deserve someone who will listen and commit to finding the best treatment for their needs. He focuses initially on high-end conservative modalities to help alleviate pain.

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