



Precision Pitching Shares Insights on What College Baseball Coaches Seek in Recruits

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As summer baseball seasons conclude and athletes shift focus toward fall ball, showcases, and college recruiting opportunities, Precision Pitching is highlighting the qualities that college coaches prioritize when evaluating pitchers. With recruiting cycles intensifying, the organization draws on its experience to emphasize that development, consistency, and character often outweigh single standout performances or raw velocity readings.

College coaches evaluate far more than radar gun numbers, physical size, or one impressive outing at a showcase. For pitchers, the ability to command the strike zone, maintain consistency, compete effectively in high-pressure situations, and control the running game stands out as particularly valuable. These skills enable athletes to give their teams a reliable chance to win, regardless of the game's stakes. Precision Pitching's science-backed training helps athletes build these repeatable mechanics and efficient movement patterns through individualized programs at its Red Wing facility.

Beyond physical tools, coaches closely observe how players carry themselves on and off the field. Body language, effort, attitude, and responses to adversity provide key insights into long-term potential. College

programs frequently consult high school coaches, travel coaches, and instructors to assess work ethic, coachability, accountability, and daily commitment to improvement. These intangible qualities help identify athletes who will thrive in demanding collegiate environments.

A common pitfall for aspiring recruits is prioritizing exposure through numerous showcases before fully developing core skills. Precision Pitching encourages a different approach: focusing first on becoming a more complete player. Consistent preparation, steady progress in mechanics and velocity, and a strong reputation for doing things the right way naturally generate opportunities over time.

Ryan Christenson, lead coach and founder of Precision Pitching with over 20 years of experience, said, "Don't chase exposure before you're ready. Focus on becoming a better player first. College coaches are looking for development, consistency, and character—not just one good showcase performance."

The recruiting process rewards athletes who demonstrate relentless competition, consistent preparation, and leadership. Precision Pitching's programs integrate biomechanics analysis, functional strength training, velocity enhancement, mental resilience strategies, and arm health protocols. This comprehensive methodology has supported more than 1,000 athletes overall, including over 75 who have advanced to collegiate or professional levels.

Testimonials from participants underscore the value of this development-focused approach. One former collegiate pitcher credited the program with significant gains in consistency and a process-driven mindset. A parent highlighted substantial improvements in mechanics, velocity, accuracy, and overall athletic understanding, along with benefits to character development such as teamwork and leadership.

As fall baseball approaches, Precision Pitching advises athletes to prioritize daily improvement over short-term visibility. The organization's hybrid training options, including in-person sessions in Red Wing and remote support, provide flexibility for athletes balancing school, showcases, and other commitments. Coaches emphasize arm care through targeted stabilization exercises, workload management, and recovery strategies to support sustainable progress.

Precision Pitching operates in a supportive, performance-driven environment where athletes receive personalized attention. The science-based system sharpens mechanics, boosts velocity where appropriate, and builds mental toughness, helping participants develop the complete skill set that college coaches value. By focusing on controllable factors like effort, preparation, and attitude, athletes position themselves for long-term success both on and off the field.

The Red Wing-based program continues to expand its reach while maintaining its core philosophy: true recruiting opportunities emerge from consistent development rather than sporadic highlights. Athletes who

commit to this path often find that doors open through demonstrated growth, reliability, and the kind of character that builds winning programs at the next level.

Precision Pitching is a sports performance training company specializing in pitcher development and overhead athlete training. Led by Ryan Christenson in Red Wing, Minnesota, the organization delivers expert coaching that prioritizes mechanics, velocity improvement, arm health, and comprehensive athlete development for participants of all ages and skill levels.

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For more information about Precision Pitching, contact the company here: Precision Pitching Ryan Christenson 651-301-5381 coachc@precisionpitching.net 1926 Old W Main St, Red Wing, MN 55066

Precision Pitching

Under the guidance of Ryan Christenson, our program sharpens mechanics, boosts velocity, and prioritizes arm health—all within a supportive, performance-driven environment.

Website: <https://www.precisionpitching.net/>

Email: coachc@precisionpitching.net

Phone: 651-301-5381

