



Live Well Chiropractic Offers Pediatric Chiropractic Care in Bedford County, PA

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Live Well Chiropractic offers pediatric chiropractic care in Bedford County, PA, as part of its family services. The practice has provided care in the region for 25 years through its team and established protocols.

Dr. Kris Arnold founded the practice in 2000 after graduating from Parker College of Chiropractic. The office provides non-force chiropractic services and has expanded to include complementary offerings.

Dr. Jason Stephens serves as Pediatric and Family Health Director. He attended Northern Bedford High School and Lock Haven University before graduating from New York Chiropractic College in 2006. His background includes studies in nutrition, whole food supplements, low force adjusting, and soft tissue techniques suitable for pediatric patients.

The practice addresses common concerns in children through its pediatric services. General research on chiropractic care for children provides context for its application. A review of evidence and safety notes

investigations into benefits for various conditions in pediatrics. Studies indicate that pediatric chiropractic care, when delivered by trained clinicians with age-appropriate techniques, is generally safe with rare mild adverse events.

Other team members contribute to family care. Dr. Randy Tabita serves as Wellness Director and graduated from Life University in 2007. Massage therapists Suzanne Marisic and Kristy DeHaven provide complementary modalities. Functional health coaching and regenerative therapy support are available through additional staff.

Services integrate with pediatric care. Instrument-assisted adjustments address nervous system function. Computer scans identify stress areas. Nutrition therapy addresses conditions such as digestive disorders, thyroid imbalances, diabetes, and hormonal issues. Massage therapy includes Swedish massage, salt stone massage, and reflexology. Regenerative therapies such as S-Wave and PEMF treatments and low-level laser therapy are offered. Thermography scans provide non-invasive information.

The practice accepts major insurance providers, including UPMC, Blue Cross Blue Shield, United Healthcare, and Medicare. Doctors of chiropractic at the practice hold licenses and follow professional standards for care delivery.

"Pediatric chiropractic care involves gentle techniques to support nervous system function in children," said Dr. Jason Stephens, Pediatric and Family Health Director at Live Well Chiropractic. "This forms part of the coordinated approach used by the team."

Dr. Kris Arnold, Owner and Clinic Director, provided additional context. "The practice has offered family services, including for children, throughout its history in the community."

Care for pediatric patients uses gentle methods suitable for various ages. Sessions take place in a comfortable setting. The practice responds to needs such as those related to sleep, digestive function, and other childhood concerns through its protocols. Research, including systematic reviews, has examined chiropractic care for conditions like infantile colic and other pediatric issues, with findings indicating potential supportive roles in some cases.

The structure of services allows coordination for families in one location. Nutritional counseling incorporates whole-food supplements and detox protocols. This complements other offerings for overall support.

The team maintains professional training. Dr. Stephens and other doctors hold degrees from accredited chiropractic colleges. The practice follows established guidelines for patient care.

Over 25 years, the practice has served more than 1,000 patients. Its model emphasizes team collaboration and patient education on lifestyle choices. This supports families seeking options for child health maintenance.

The location provides convenient access for residents. The practice continues operations with its current team and service range. Additional staff members enhance capacity for family care.

Live Well Chiropractic combines chiropractic adjustments with massage therapy, nutrition counseling, and regenerative options. Founded by Dr. Kris Arnold in 2000, the practice operates with a coordinated team model to serve the community.

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For more information about Live Well Chiropractic, contact the company here: Live Well Chiropractic Dr. Kris Arnold, Owner and Clinic Director (814) 624-0606 lwc@live-well-chiro.com 1634 Quaker Valley Road New Paris, PA 15554

Live Well Chiropractic

Live Well Chiropractic provides total natural care through gentle chiropractic, massage therapy, nutritional counseling, regenerative therapies, healthy weight loss, and more.

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