

Integrative Health Miami Expands Access to Functional Medicine Services for Aventura, Florida Residents

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Integrative Health Miami?s functional medicine practice serves residents in the Aventura, Florida area, offering professional, patient-centered health assessments.

Dr. Yeisel Barquin, a board-certified internal-medicine physician, heads the clinic, which combines traditional diagnostics with functional medicine assessments that explore root causes of health problems. For Aventura residents, the clinic provides comprehensive functional medicine consultations addressing concerns such as fatigue, digestive problems, and metabolic issues. Care is delivered from the clinic?s office at 2655 S Le Jeune Rd, Suite 902, Miami, FL 33134.

Dr. Barquin?s team uses diagnostic testing and comprehensive evaluations, informed by years of clinical experience, with an emphasis on individualized care plans. The practice?s methodology distinguishes it from conventional treatments by examining underlying contributors to chronic conditions.

"Functional medicine, which emphasizes genetics, environment, and lifestyle, is gaining popularity. The goal is to supplement conventional medicine," says Dr. Barquin. She added, "Nutrition, exercise, stress

management, sleep quality, and environmental exposures are often assessed in addition to diagnostics. Functional medicine patients want a broader health picture than symptom management."

Aventura residents, including professionals and families, now benefit from this expanded reach, reflecting growing interest in whole-person care.

Dr. Yeisel Barquin launched Integrative Health Miami with a focus on patient-centered care and over a decade of experience in general medicine. Appointments are available by phone and through the clinic?s website to support access for Aventura residents.

Extended new-patient consultations cover symptoms, family history, and daily activities. In collaboration with other healthcare professionals, follow-up care may include dietary counseling and stress-management strategies. The practice focuses on individualized care while meeting patient needs. This expanded reach helps improve access to care for Aventura residents.

Integrative Health Miami staff participate in ongoing professional development consistent with the practice?s integrative-care principles.

Integrative Health Miami provides routine and complex care with a focus on long-term monitoring, prevention, and integrated treatment. By addressing both lifestyle and clinical factors, the approach supports whole-person health that patients can apply in daily life.

Integrative Health Miami offers a diverse range of services to meet individual healthcare needs. Women?s wellness includes support for hormonal balance, reproductive health, and menopause. Men?s wellness emphasizes physical, mental, and emotional fitness. Weight-management programs encourage long-term lifestyle changes tailored to the individual. Behavioral-health services integrate mental and physical care.

In addition to functional medicine programs, Integrative Health Miami offers physician-supervised peptide therapy in accordance with applicable federal and Florida regulations. When clinically appropriate, this may include FDA-approved medications, along with internal-medicine consultations, obesity and weight-loss care, and executive medicine. Besides Aventura, Integrative Health Miami also covers the following Florida locations: Coconut Grove, Coral Gables, Fort Lauderdale, Key Biscayne, Miami Beach, Pinecrest, and South Miami.

The clinic is located at 2655 S Le Jeune Rd, Suite 902, Miami, FL 33134. To schedule an appointment with Dr. Barquin, call (305) 456-6026 or visit https://integrativehealthmiami.com.

About Integrative Health Miami

Integrative Health Miami is a comprehensive medical clinic based in Miami, Florida. The clinic is led by Dr. Yeisel Barquin, a board-certified internal medicine physician. Integrative Health Miami focuses on functional medicine and preventive care, providing patients with personalized treatment plans that address underlying health factors and long-term well-being. The clinic also delivers internal medicine, women?s wellness, men?s wellness, obesity and weight loss, mental and behavioral health, executive medicine, and peptide therapy.

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For more information about Integrative Health Miami, contact the company here:Integrative Health MiamiDr. Yeisel Barquin(305) 456-6026drbarquin@eudaimoniamiami.com2655 S Le Jeune Rd #902, Miami, FL 33134, United States

Integrative Health Miami

Dr. Yeisel Barquin of Integrative Health Miami is a board-certified Internal Medicine physician who offers a personalized holistic health approach.

Website: https://integrativehealthmiami.com/

Email: drbarquin@eudaimoniamiami.com

Phone: (305) 456-6026