



Universal Wellness Roscoe Village Provides SoftWave Therapy in Cook County, IL

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Universal Wellness Roscoe Village offers SoftWave Therapy in Cook County, IL as part of its range of non-invasive treatment options for patients experiencing pain and musculoskeletal conditions. The clinic, located in the Roscoe Village neighborhood of Chicago, integrates this modality with chiropractic care to support the body's natural healing processes.

SoftWave Therapy utilizes an FDA-cleared electrohydraulic acoustic shockwave device that delivers sound waves into targeted tissues. The technology stimulates stem cell activity, increases blood supply to damaged areas, reduces inflammation, and promotes tissue regeneration. Its patented parabolic reflector design distributes energy broadly without causing microtrauma, allowing for treatment that focuses on repair and improved mobility.

The therapy addresses a variety of conditions including chronic joint pain, tendonitis and ligament injuries, plantar fasciitis, muscle strains and sprains, and support during post-surgical recovery. Sessions typically last

15 to 30 minutes, during which a trained technician applies a handheld device to the affected area. Patients often describe sensations of warmth or mild tingling, with the procedure generally considered comfortable and requiring no downtime.

At Universal Wellness Roscoe Village, SoftWave Therapy complements existing chiropractic services that include spinal adjustments for conditions such as back pain, neck pain, headaches, migraines, and sciatica. The approach emphasizes individualized plans based on patient assessments, incorporating posture analysis, digital X-rays when appropriate, and ongoing monitoring of progress. Treatment aims to restore function, alleviate discomfort, and support long-term wellness without reliance on medications or invasive procedures.

Dr. John Reuter, DC, founder and chiropractor at Universal Wellness Roscoe Village, discussed the role of the therapy within the clinic's offerings. "SoftWave Therapy provides an additional tool for addressing tissue-level issues that patients encounter, helping to facilitate natural repair mechanisms in conjunction with spinal alignment care" said Dr. Reuter.

Bryan, SoftWave technician at Universal Wellness Roscoe Village, noted the practical application in patient sessions. "The technology allows for precise delivery of acoustic waves that target areas of concern, supporting patient comfort and measurable improvements in mobility during the course of treatment" said Bryan.

Dr. Reuter, a native of the Chicagoland area, developed his interest in chiropractic care following personal health improvements as a teenager. At age 13, he experienced severe allergies and symptoms associated with ADD and ADHD, which involved frequent allergy shots and prescribed medication. After beginning consistent chiropractic care, his symptoms improved substantially, leading him to pursue the field professionally. He earned his undergraduate degree in kinesiology and pre-chiropractic studies from the University of Wisconsin-Eau Claire and his Doctor of Chiropractic degree from Life University in Georgia. He founded Universal Wellness Roscoe Village in October 2021.

The clinic team includes professionals dedicated to patient support. Bryan holds a Bachelor of Science in Kinesiology, certifications as a personal trainer and limited scope X-ray technologist, and specific training as an operator of the OrthoGold SoftWave Therapy device. Litzzy Gomez serves as chiropractic assistant with a Bachelor of Science in Integrated Health Studies and ongoing studies in health information management. Jasmine Cervantes acts as office manager with extensive experience in patient coordination, and Peggy supports community events and outreach.

Initial consultations at the clinic involve detailed health history reviews and assessments to determine suitability for SoftWave Therapy and other services. Plans are customized to individual needs, with regular

evaluations to track response and adjust as necessary. The clinic serves residents of Chicago and Cook County, emphasizing education on spinal health, movement patterns, and preventive strategies.

Universal Wellness Roscoe Village maintains a family-oriented environment focused on natural, corrective care. Services extend to sports injury recovery, wellness and preventive measures, and posture correction. Community participation includes selected local events where information on health topics is shared with residents.

The integration of SoftWave Therapy reflects the clinic's broader commitment to non-invasive options that address root causes of discomfort. Patients receive guidance on complementary practices such as exercise and ergonomics to enhance outcomes. The therapy's application aligns with principles of supporting the body's innate repair capabilities through advanced yet gentle technology.

Dr. Reuter and the team continue to apply approaches informed by his educational background and clinical experience. The practice prioritizes patient empowerment through clear communication and active involvement in care decisions. This structure supports sustained improvements in function and quality of life for individuals managing various conditions.

As part of ongoing operations in Cook County, Universal Wellness Roscoe Village provides SoftWave Therapy in Cook County, IL alongside traditional chiropractic methods. The combined modalities offer patients a comprehensive pathway toward pain management and recovery. The clinic's methods derive from established techniques adapted to individual circumstances, contributing to its role as a local resource for wellness support.

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For more information about Universal Wellness Roscoe Village, contact the company here: Universal Wellness Roscoe Village Dr. John Reuter., DC(773) 880-0900 rsv@uwschiro.com 1846 W Belmont Ave, Chicago, IL 60657

Universal Wellness Roscoe Village

Whether you're seeking relief from chronic pain, recovering from an injury, or simply looking to maintain a healthy lifestyle, our team at Universal Wellness Roscoe Village is here to help you every step of the way.

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