Credence Chiropractic Explains Role of Pediatric Chiropractic in Addressing Nervous System Dysregulation

June 15, 2026

GEORGETOWN, TX - June 15, 2026 -
Credence Chiropractic has detailed its approach to pediatric chiropractic care in relation to nervous system dysregulation and symptoms commonly associated with ADHD. The practice, established in Georgetown, Texas, in 2017, specializes in neurologically based care for families. A blog post on the practice website outlines how pediatric chiropractors support children experiencing these challenges through natural methods focused on nervous system function.

Many children with ADHD exhibit symptoms that extend beyond high energy levels. These can include difficulties with focus, emotional regulation, and sensory processing. The practice describes how such issues often connect to a nervous system operating in a sustained fight-or-flight state. Pediatric chiropractic care at Credence Chiropractic aims to address potential nerve interference known as subluxations that may disrupt clear communication between the brain and body.

Dr. Chris Hill and Kate Hill, co-founders of the practice, bring specific backgrounds to this area of care. Dr. Chris Hill graduated from Logan University and completed advanced training in pregnancy and pediatrics. His perspective on pediatric health developed through clinical education and family experiences. Kate Hill, a certified doula, contributes expertise in maternal and family wellness transitions.

The practice employs advanced assessment technologies as part of its neurological evaluations. Insight Millennium Technology provides data on nervous system function. Heart rate variability assessment measures autonomic nervous system adaptability. Thermography identifies temperature variations linked to potential subluxations. Surface electromyography evaluates muscle activity and tension along the spine. These tools help create a detailed picture before any adjustments occur.

Once assessments are complete, the practice utilizes the Torque Release Technique. This gentle, precise method uses a handheld instrument called the Integrator to address nervous system stress. The technique requires minimal time per session and avoids manual thrusting or twisting motions. It is described as suitable for patients from newborns through teenagers, supporting the shift from a high-stress state toward improved relaxation and focus.

Credence Chiropractic structures its pediatric services within a broader neurologically based framework. Care plans consider both active interventions for specific concerns and wellness-oriented maintenance. The goal is to support optimal brain-body communication, which the practice links to better regulation of concentration, emotions, and sensory input. Pediatric chiropractic care is presented as a holistic foundation rather than a standalone solution or cure for diagnosed conditions.

Dr. Chris Hill, co-founder and chiropractor at Credence Chiropractic, emphasized the value of early action in pediatric wellness. Dr. Chris Hill stated, The sooner we can be proactive with our kids health, the healthier they can grow up to be. This viewpoint, documented in the team profile on the practice website, aligns with the pediatric care philosophy.

Kate Hill, co-founder and certified doula at Credence Chiropractic, shared insights from her personal health journey. Kate Hill noted, Through regular chiropractic care, her body healed its continual headaches, migraines, allergies, sinus infections, and ear infections. Her account in the team section reflects the motivation for establishing the practice to offer similar natural options to families.

New patients at Credence Chiropractic undergo a defined intake sequence. This includes an initial application, office orientation, one-on-one consultation, neurological assessment, and doctor?s report before the first adjustment. The process ensures care aligns with individual health histories and nervous system findings. Regular monitoring supports ongoing adjustments to care plans as needed.

Since opening in 2017, the practice has served families in the Georgetown area with this neurologically oriented model. Services integrate pediatric care with prenatal and whole family options under a consistent framework. Dr. Chris Hill?s specialized training complements Kate Hill?s contributions to create coordinated support across age groups. The emphasis remains on non-invasive techniques that prioritize nervous system optimization.

The blog resource highlights how calming the nervous system through chiropractic methods may help reduce sensory overload and support improved sleep patterns. It also references optimization of brain-body pathways to aid emotional regulation and concentration. These elements form part of the practice?s documented approach to pediatric wellness without positioning care as a medical treatment for specific diagnoses.

Operational details from the website indicate that assessments and adjustments build progressively. Families receive guidance on how nervous system function influences daily experiences in children. The family-friendly environment at Credence Chiropractic supports participation across generations. This model has remained consistent in serving the local community for several years.

Credence Chiropractic continues to apply principles from its resources in daily practice. The integration of technology-supported evaluations and gentle adjustment methods supports its role in pediatric chiropractic services. The focus on nervous system health provides context for families exploring natural options for children showing signs of dysregulation.

The practice maintains its commitment to neurologically based care as outlined in website materials. Dr. Chris Hill and Kate Hill?s leadership ensures that pediatric services reflect both professional credentials and a dedication to proactive family wellness. This foundation has guided operations since the 2017 establishment in Georgetown, Texas.

Credence Chiropractic is a family chiropractic practice located in Georgetown, Texas, that has served families in the area since 2017. The practice provides pediatric chiropractic care, prenatal chiropractic care, whole family chiropractic care, and neurological chiropractic care. It utilizes methods including the Torque Release Technique and advanced assessment technologies as part of its established protocols.

###

For more information about Credence Chiropractic, contact the company here:Credence ChiropracticDr. Chris Hill(512) 887-1477Contact@CredenceChiro.com103 Rivery Blvd Suite 120Georgetown, TX 78628

Credence Chiropractic

Our experienced and caring team is dedicated to providing comprehensive, holistic chiropractic care that empowers you and your loved ones on all levels ? physical, mental, and emotional.

Website: https://www.credencechiro.com

Email: Contact@CredenceChiro.com

Phone: (512) 887-1477

