



## **On Purpose Chiropractic Provides Back Pain Relief in Santa Clara County, CA**

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On Purpose Chiropractic has provided back pain relief in Santa Clara County, CA since opening its doors in Los Gatos in 2000. The practice, led by Dr. Adam Kleinberg, delivers spinal correction services to patients in the region.

Dr. Adam Kleinberg established On Purpose Chiropractic with an emphasis on detailed patient evaluations and individualized care plans. The office utilizes state-of-the-art equipment including digital X-rays and computerized scans to assess spinal conditions. Patients receive thorough explanations of their spinal mechanics and recommended strategies. Services encompass general chiropractic adjustments and spinal decompression therapy for suitable cases involving disc concerns.

Dr. Kleinberg first experienced chiropractic care at age 13 after severe low back pain restricted his mobility. An aunt who was a chiropractic patient recommended an appointment. Later, conversations with a close friend who had entered the profession introduced him to chiropractic principles. This led him to pursue

education at Bridgeport College of Chiropractic. During his studies, he connected his own back issues to a fall at age nine that resulted in degeneration noticeable four years later.

In chiropractic college, Dr. Kleinberg co-founded the Technique Club and participated in a mission trip to Panama where the team provided adjustments to approximately 4,000 individuals over five days. After earning his Doctor of Chiropractic degree, he practiced in seven countries on three continents before selecting Los Gatos for its community atmosphere and proximity to the central coast. The practice has celebrated eight years of service in the Los Gatos community supported by Dr. Kleinberg's more than 25 years of professional experience.

"I believe in the power of the adjustment," said Dr. Adam Kleinberg, chiropractor at On Purpose Chiropractic. "No matter what the ailment is, the common link is the nervous system."

Dr. Kleinberg has received regular chiropractic care for more than 30 years. A former personal trainer, he incorporates physical activity into his routine and has followed a vegan diet for 25 years. He enjoys outdoor activities such as visiting hot springs and bike riding. Family is central to his life, and he published the book "Shine Your Love on the World: Letters to My Daughters" in 2014.

The practice model prioritizes comprehensive consultations to understand patient histories and goals. Appointments are designed for efficiency while allowing time for assessments and education. The office supports busy schedules through same-day appointments when possible, weekend availability, and online booking options.

On Purpose Chiropractic has operated as a local resource for spinal care in Santa Clara County. Dr. Kleinberg and the team focus on structural factors associated with back pain. The office environment combines professional standards with an approachable atmosphere. Patients include active adults, families, and individuals managing various concerns.

Chiropractic services address spinal alignment and its relation to nervous system pathways. Visits incorporate educational components to provide context for care recommendations. Spinal decompression therapy complements traditional adjustments for appropriate candidates. The practice has maintained consistent service delivery in the area.

Dr. Kleinberg's international experience informs the variety of techniques offered locally. Exposure to diverse patient groups supports adaptable approaches suited to Santa Clara County residents. Care plans consider age, activity levels, and individual presentations. Gentle methods are utilized across different patient groups.

The practice offers services appropriate for patients of various ages, including prenatal care through

certification in the Webster Technique. The office maintains a welcoming environment with staff focused on positive interactions. This framework has helped sustain long-term patient relationships in the Los Gatos area.

Community members in Los Gatos and surrounding areas have accessed chiropractic services for over two decades through the broader expertise applied at the practice. Dr. Kleinberg continues professional development through additional training aligned with core principles. The team refines methods while adhering to established protocols.

Back pain services incorporate patient input and individualized attention. Consultations involve detailed discussions about spinal health and recommended paths forward. The Los Gatos location provides convenient access for Santa Clara County residents. Dr. Kleinberg's personal background with chiropractic informs the expertise available at the facility.

The practice operates with a focus on integrity and patient-centered care. Many individuals integrate services into broader health management. Staff members, including those in supportive roles, facilitate smooth and encouraging visit experiences. The team emphasizes clear communication and professional delivery.

On Purpose Chiropractic remains dedicated to its established role in the Santa Clara County community. Dr. Adam Kleinberg and the staff provide chiropractic services based on extensive training and experience. The Los Gatos office delivers ongoing access to structured spinal support for local residents.

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For more information about On Purpose Chiropractic, contact the company here: On Purpose Chiropractic Dr. Adam Kleinberg (408) 354-8044 admin@onpurposechiropractic.com 427 N Santa Cruz Ave Los Gatos, CA 95030

## **On Purpose Chiropractic**

*Dr. Adam Kleinberg began practicing in 2000, after benefiting from chiropractic for most of his life and wanting to share the true healing benefits with others.*

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