



## **A Plus Garage Door Highlights Spring Safety Concerns During National Garage Door Safety Month**

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A Plus Garage Door emphasizes the importance of garage door spring safety as National Garage Door Safety Month coincides with warmer weather patterns that can accelerate wear on these critical components. The Orem-based company notes that springs represent one of the most vital safety elements in any garage door system, requiring heightened awareness as summer approaches.

Garage door springs operate under extreme tension, supporting the full weight of doors that typically range from 150 to 400 pounds. As temperatures rise during summer months, metal components expand and contract more frequently, potentially exposing existing wear patterns that may have developed during colder months. This seasonal transition often reveals spring damage that poses serious safety risks to homeowners.

Several warning signs indicate potential spring failure that homeowners should monitor closely. A loud popping sound during operation often signals imminent spring breakage, while visible gaps in torsion springs indicate complete failure has already occurred. Other critical indicators include doors that refuse to open

properly, unusually slow movement during operation, or a door that feels significantly heavier than normal when operating manually.

"Garage door springs are under tremendous tension and can cause severe injury or property damage if they fail suddenly," states Carrie Kelsch, speaking for A Plus Garage Door. "When homeowners notice any warning signs, the safest course of action is to stop using the door immediately and seek professional assessment. Attempting DIY repairs on spring systems has resulted in serious injuries and even fatalities."

The physics behind spring tension makes these components particularly dangerous for untrained individuals. Torsion springs, the most common type in modern garage door systems, store mechanical energy equivalent to the door's weight. When this energy releases unexpectedly, springs can whip violently, causing lacerations, broken bones, or worse. Extension springs pose similar risks, with the added danger of becoming projectiles if mounting hardware fails.

Proper spring maintenance involves regular visual inspections from a safe distance, listening for unusual sounds during operation, and scheduling professional evaluations annually. Homeowners should never attempt to adjust, repair, or replace springs themselves, as specialized tools and training are essential for safe handling. Even seemingly simple tasks like lubricating springs require understanding proper techniques and using appropriate products.

Professional technicians employ specific safety protocols when servicing spring systems, including using winding bars designed for the exact spring specifications, maintaining proper body positioning during adjustments, and testing door balance after any service. These procedures minimize risk while ensuring optimal door performance and longevity.

Beyond immediate safety concerns, properly functioning springs affect the entire garage door system's lifespan. Worn springs force opener motors to work harder, potentially leading to premature motor failure. Unbalanced doors stress cables, rollers, and tracks, creating a cascade of maintenance issues that compound over time.

A Plus Garage Door serves the Orem area with comprehensive garage door services, including spring replacement, door installation, and emergency repairs. The company maintains over 27,000 five-star customer reviews and offers 24/7 emergency service for critical safety issues. Additional information about their services can be found at <https://utahgaragedoors.net/service-areas/orem/>.

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For more information about A Plus Garage Door, contact the company here: A Plus Garage Door Carrie

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## A Plus Garage Door

*A Plus Garage Door has provided trusted garage door installation, repair, and maintenance since 2005. Locally owned by Carrie Kelsch, the company is known for prompt service, quality craftsmanship, fair pricing, and personalized care.*

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