



Wellhouse Chiropractic in Maple Grove, MN Highlights Importance of Nervous System Care for Families

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Wellhouse Chiropractic, continues to offer chiropractic care in Maple Grove, MN with an emphasis on nervous system function for families in the area. The practice, established in the community since 2005, provides services tailored to different age groups, including pregnant women and children.

Wellhouse Chiropractic addresses spinal misalignments known as subluxations that may affect nervous system communication. The clinic uses techniques such as Diversified, activator, and drop table adjustments. Doctors at the practice hold certifications including Webster technique and training through organizations such as the International Chiropractic Pediatric Association.

Dr. Rachel Hovey serves as chiropractor and owner. She graduated magna cum laude from Northwestern Health Sciences University in 2014. Her background includes a shift to chiropractic after a personal experience as a collegiate athlete. Dr. Hovey maintains ongoing continuing education in prenatal and pediatric care.

"By focusing on nervous system function, we help patients of all ages address underlying issues," said Dr. Rachel Hovey, DC, owner of Wellhouse Chiropractic.

The practice provides care during pregnancy from preconception through postpartum periods. Doctors apply Webster technique to assess pelvic alignment and use pregnancy pillows for comfort during adjustments. Postpartum visits support recovery as needed.

For pediatric care, Wellhouse Chiropractic applies age-specific gentle techniques. Infants receive light pressure adjustments. Toddlers may use toggle board methods, and older children receive manual approaches. The clinic follows protocols from its specialized training programs.

Dr. Chris Norton noted the role of such care in family health contexts, consistent with principles of supporting nervous system function across life stages.

Wellhouse Chiropractic offers nutritional supplements as part of its services and maintains a patient-focused environment. The team conducts assessments and works with individuals on their health goals. Doctors participate in continuing education to stay current in their field.

The clinic's methods involve manual and instrument-assisted adjustments aimed at spinal alignment. This approach forms the basis of care for various patient groups at the practice. Services include family chiropractic visits that accommodate different needs and preferences.

Dr. Hovey and the team prioritize patient education during visits. Initial consultations include discussions of care processes. The practice structure supports ongoing wellness visits for those who choose to continue care.

Wellhouse Chiropractic operates as a chiropractic clinic in Maple Grove. The doctors include individuals with training from Northwestern Health Sciences University and affiliations with professional organizations in prenatal and pediatric chiropractic. The practice has provided services to the local community for over 15 years.

Company Background

Wellhouse Chiropractic is a chiropractic practice in Maple Grove, Minnesota, offering care with attention to

nervous system considerations for families, pregnant patients, and children. The clinic utilizes standard chiropractic adjustment techniques and maintains certifications in Webster technique along with specialized pediatric training. Led by Dr. Rachel Hovey and supported by additional chiropractors, the practice focuses on providing structured chiropractic services to area residents. The team includes professionals who have completed their education at Northwestern Health Sciences University and pursued further studies in areas relevant to family care. Doctors engage in regular continuing education activities to align with developments in chiropractic approaches.

The practice maintains a setting designed for patient comfort during visits and incorporates tools such as pregnancy pillows for specific care needs. Nutritional supplements are available through the clinic as an additional resource for patients. Wellhouse Chiropractic has built its presence in the Maple Grove community through consistent service since 2005, with a structure that accommodates various family schedules and preferences for care. The clinic's operational model includes initial assessments followed by individualized adjustment plans based on patient presentations. Staff members contribute to a coordinated approach that supports the overall delivery of chiropractic services. This framework allows the practice to serve a range of individuals seeking chiropractic care within the established parameters of the profession.

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For more information about Wellhouse Chiropractic, contact the company here: Wellhouse Chiropractic Dr. Rachel Hovey (763) 494-8787 frontdesk@wellhousechiro.org 11254 86th Ave N Maple Grove, MN 55369

Wellhouse Chiropractic

At Wellhouse Chiropractic, we offer nervous system-focused chiropractic care that addresses the accumulation of stress that disrupts nervous system

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