Tamra Bedford Cosmetic RN Announces Laser Genesis Skin Resurfacing Services in San Ramon

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SAN RAMON, CA - August 03, 2026 -
Tamra Bedford Cosmetic RN, a medical spa in San Ramon, California, announces the availability of Laser Genesis skin resurfacing treatments for clients throughout the Tri-Valley area. The practice, led by registered nurse Tamra Bedford who brings over 20 years of clinical nursing experience, offers the Cutera Laser Genesis platform for addressing common skin concerns without downtime.

The Cutera Laser Genesis system utilizes gentle laser heating to address multiple skin conditions simultaneously. The non-invasive treatment reduces facial redness, softens fine lines, refines enlarged pores, and calms the flushing associated with rosacea. The procedure requires no recovery time, allowing patients to return to their daily activities immediately following treatment.

The technology works by gently heating the upper dermis below the skin's surface, stimulating collagen regrowth. The laser's micro-pulses target and constrict dilated capillaries that cause general redness and discoloration. This heating action stimulates collagen production, which helps reduce fine line appearance and minimize pore size. The treatment typically produces a warming sensation on the skin during the procedure.

"I made Laser Genesis a cornerstone of our skin resurfacing menu because it delivers consistent, natural results that enhance rather than alter a patient's appearance," said Tamra Bedford, RN, owner of Tamra Bedford Cosmetic RN. "San Ramon clients appreciate that they can achieve noticeable improvements in skin texture and tone without the downtime or dramatic changes associated with more aggressive treatments. The goal is always a refreshed, healthy appearance that looks like the best version of themselves."

At the practice, every Laser Genesis treatment is performed personally by a registered nurse rather than delegated to a technician. This approach ensures that each patient receives care from a medical professional with extensive clinical experience and specialized training in aesthetic procedures. The practice maintains a

focus on achieving natural, refreshed results.

Patients typically observe initial improvements after the first treatment, with results developing over a series of sessions. The number of treatments needed varies based on individual skin conditions and desired outcomes. Common treatment areas include the face, neck, and chest, with sessions typically lasting 30 to 60 minutes depending on the area being treated.

The practice, located at 160 Sunset Drive, Suite 110, serves clients from San Ramon and surrounding Tri-Valley communities. In addition to Laser Genesis treatments, the medical spa offers a range of aesthetic services including medical microneedling, injectable treatments, chemical peels, IPL therapy, and specialized rosacea treatments.

Tamra Bedford Laser Genesis in San Ramon represents part of the practice's approach to providing medical-grade aesthetic treatments in a professional clinical setting. Tamra Bedford Cosmetic RN operates in association with Dr. Stephen Ronan's physician-owned medical spa and Blackhawk Plastic Surgery, providing access to medical oversight and advanced treatment protocols.

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Tamra Bedford, Cosmetic RN

Tamra Bedford, Cosmetic RN: Over 20 years of expertise in personalized aesthetic treatments like laser hair removal and microneedling in San Ramon, CA.

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