Abundant Health Physical Medicine Emphasizes Wellness Care in Scott County, IA

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DAVENPORT, IA - July 06, 2026 -
Abundant Health Physical Medicine maintains its focus on wellness care for residents in Scott County, IA. The clinic, under the direction of Dr. Sinan Gocmen, D.C., provides evaluations and services aimed at supporting nervous system function and overall health.

Many individuals seek wellness care while feeling healthy. Conventional views often associate illness with visible symptoms such as fever or nausea. However, the clinic's information notes that some conditions develop from lifestyle decisions without immediate symptoms. Wellness care involves proactive attention to the body's systems before problems become more significant.

The nervous system serves as the master control center for bodily functions. Abundant Health Physical Medicine chiropractors work to protect the integrity of this system. This includes detecting potential issues through structured assessments to maintain uninterrupted nerve supply. The clinic's approach supports patients in Scott County, IA, who aim to optimize their health.

Dr. Sinan Gocmen, D.C., completed his Doctor of Chiropractic degree at Palmer College of Chiropractic in 2013. Prior to his career in chiropractic, he experienced a personal health challenge with the flu and severe migraines. An adjustment from a friend led to improvement within two weeks. This prompted him to visit a chiropractic office in St. Charles, Illinois, where he observed families prioritizing nervous system checks. He then relocated to Davenport, Iowa, to pursue his education.

During his studies, Dr. Gocmen participated in the CrossFit Games. He holds certifications in the Webster Technique, Torque Release Technique, advanced extremity adjusting, and as a Functional Hyperbaric Clinician. These qualifications support the clinic's wellness evaluations for patients in Scott County, IA.

Patient assessments at the clinic begin with a review of health history. This is followed by physical

examination of the spine and joints, range of motion testing, orthopedic and neurological evaluations, and palpation to identify restricted mobility. Diagnostic tools available on site include digital X-rays, ultrasound, and Fit3D scans. The process helps identify factors that may affect nervous system function.

The Renew Healing Framework guides the development of individualized care plans. These plans address root factors rather than only symptoms. Services include chiropractic adjustments, wellness protocols, and complementary modalities such as medical grade red light therapy, mild hyperbaric oxygen therapy, and the Normatec Recovery System. A nurse practitioner administers IV therapies and natural regenerative injections when appropriate.

The clinic maintains in-network status with many insurance plans, including Medicare. An initial consultation with a concierge patient care coordinator determines suitability for services. Referrals are provided if chiropractic care is not the appropriate path.

"I was called to this profession to truly help people," said Dr. Sinan Gocmen, D.C., chiropractor at Abundant Health Physical Medicine.

Dr. Gocmen has stated, "I want to provide people with the solutions, tools, and resources to help them make lasting changes."

Dr. Gocmen is a husband and father of two children. Family holds central importance in his life. His interests include exercise, outdoor activities, yard work, and service at Rock Church of the Quad Cities. These personal elements inform his approach to supporting patients in maintaining active roles within their families and communities.

Wellness care at the clinic emphasizes nervous system integrity. The body responds to both unhealthy and healthy choices. The clinic's materials explain that decisions can influence health outcomes even without immediate symptoms. Proactive care through chiropractic assessments helps detect and address potential issues.

The facility features a spacious reception area with refreshments and dedicated treatment rooms. Monitors in treatment areas provide informative content or entertainment. The environment is designed to support patient comfort during visits.

Abundant Health Physical Medicine was established by Dr. Gocmen to meet needs in the community for coordinated wellness options. The practice integrates chiropractic principles with modern evaluation tools in Scott County, IA.

Chiropractic adjustments target spinal and extremity areas based on examination findings. The clinic's wellness focus includes maintenance care for individuals without current symptoms. This aligns with growing interest in preventive approaches to health.

The nervous system controls all bodily functions. Disruptions can affect overall well-being. The clinic's evaluations aim to identify misalignments or restrictions that may impact nerve supply. Regular assessments support continued function for patients in Scott County, IA.

Dr. Gocmen's background as an athlete contributes to his understanding of physical demands. His certifications enable tailored considerations for wellness needs across different patient groups. The clinic serves families seeking to maintain health through nervous system care.

The Renew Healing Framework coordinates services according to individual evaluations. Plans evolve based on patient response and additional assessments. This structure supports consistent wellness attention in the Scott County area.

Abundant Health Physical Medicine offers chiropractic and wellness services in Davenport, Iowa. The clinic was founded by Dr. Sinan Gocmen after his graduation from Palmer College of Chiropractic. It provides evaluation-based care plans for residents seeking to support their nervous system function and overall health.

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Abundant Health Physical Medicine

At Abundant Health Physical Medicine, we offer a patient-centered approach to neuropathy treatment at our clinic in Davenport, Iowa

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