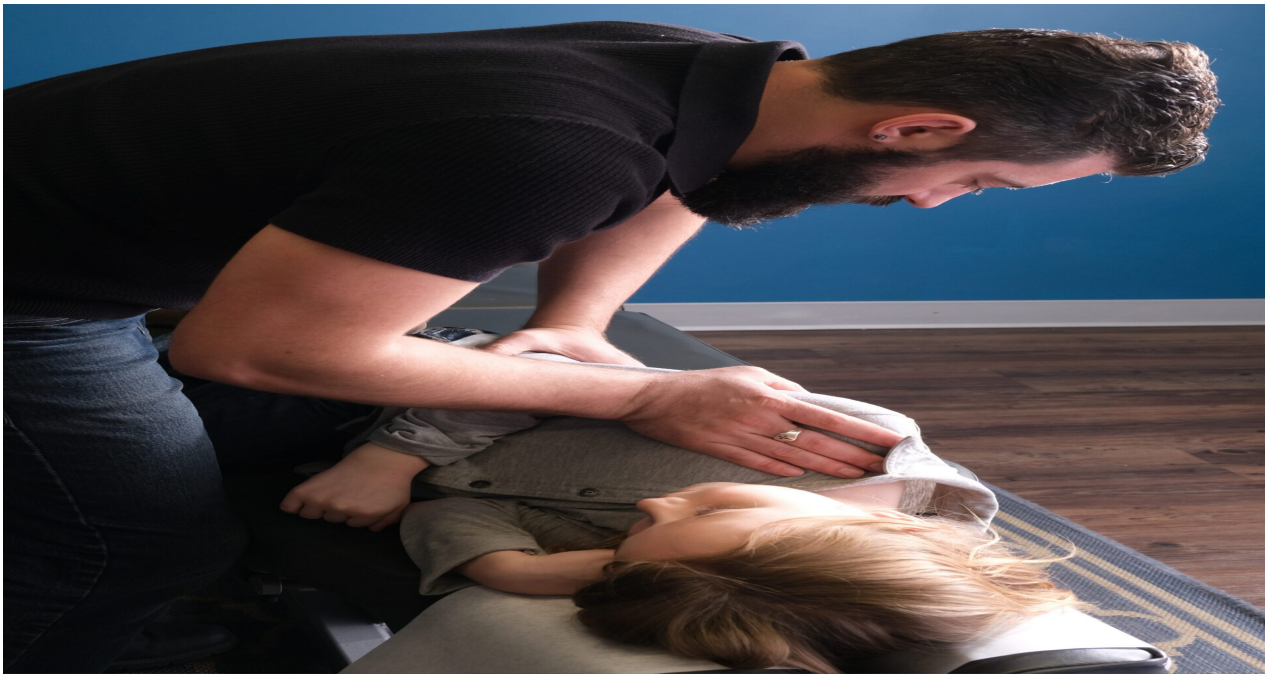




Ascend Family Chiropractic Highlights Pediatric Chiropractic Care in Pierce County, WA

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Ascend Family Chiropractic highlights pediatric chiropractic care in Pierce County, WA as a supportive service for families seeking gentle, individualized care for children from infancy through the teenage years. Located in Graham, the clinic provides specialized adjustments tailored to the developing bodies of young patients, emphasizing safety, comfort, and long-term wellness in a calm environment.

Dr. Chaz Curtis founded Ascend Family Chiropractic following his own teenage experiences with multiple injuries, head trauma, and chronic migraines. Chiropractic care contributed to noticeable improvements in his pain levels, body function, recovery processes, and stress management. This personal journey informed the clinic's approach, which prioritizes listening carefully to patients and families, explaining findings clearly, and guiding care decisions at a comfortable pace without pressure.

Pediatric chiropractic care at the clinic focuses on supporting the unique physiological needs of growing children. Adjustments use minimal pressure, comparable to checking the ripeness of a tomato for infants, and

age-appropriate techniques for toddlers, young children, and teens. These methods aim to address potential misalignments early while accommodating each child's comfort level and developmental stage. The first visit typically includes a thorough assessment of spinal alignment and health history, followed by a customized plan developed in partnership with parents.

Common reasons families seek pediatric chiropractic care include support for colic and digestive issues in infants, promotion of proper motor skills and coordination in toddlers, and assistance with posture, backpack strain, or sports-related concerns in older children and teens. Care also targets nervous system function, which may influence sleep, immune responses, and overall comfort. Techniques remain gentle and adaptive, creating a supportive setting where children feel at ease.

Research provides context for these practices. Studies have examined the safety and potential benefits of gentle spinal manipulation in pediatric populations. A review in professional literature noted that adverse events appear rare when care is provided by trained professionals using appropriate methods. Other investigations have explored associations between chiropractic care and improvements in symptoms such as colic or recurrent ear infections, though results vary and more research continues in these areas. The clinic integrates such evidence-informed insights while adapting to each child's individual presentation.

Dr. Chaz Curtis, DC, Founder of Ascend Family Chiropractic, stated, "Personal experiences with chiropractic care during my teenage years demonstrated its potential to support the body's natural healing and function. Extending this to children requires the same thoughtful, gentle approach, always centered on their comfort and developmental needs."

The clinic's team supports consistent, compassionate delivery of pediatric services. Marilyn Curtis serves as Office Manager and HR, while Caitlyn, Evelyn, Tina, and Jacey contribute as chiropractic assistants. This group works together to maintain a welcoming atmosphere for families, ensuring that both parents and children receive clear communication throughout the process.

Ascend Family Chiropractic situates pediatric care within its broader family-centered offerings. Services address a range of concerns across life stages, including back pain, neck discomfort, headaches, sciatica, and recovery from injuries. Wellness-oriented visits encourage ongoing maintenance to support posture, energy levels, and nervous system performance. For pediatric patients, this means building foundational habits that may contribute to healthier growth patterns over time.

For infants, gentle adjustments may help ease discomfort associated with birth-related strains or colic. In toddlers and young children, care supports active development and injury prevention as mobility increases. Older children and teens benefit from attention to postural demands from school activities or athletics, aiding recovery and long-term alignment. Every plan remains personalized, avoiding standardized protocols in favor

of individual assessment and parental collaboration.

Dr. Chaz Curtis, DC, added, "Children experience unique physical stresses at each stage of growth. Pediatric chiropractic care offers a non-invasive option to help address misalignments and support their bodies as they develop, always with a focus on safety and clear guidance for families."

The clinic operates in Graham, Washington, serving families throughout Pierce County. Its core values of integrity, thoughtful care, compassion, empowerment, and community involvement guide all interactions. This philosophy creates an environment where families feel respected and informed, whether attending for pediatric services or other family needs.

Pediatric chiropractic care in Pierce County, WA at Ascend Family Chiropractic responds to the specific demands of childhood growth and activity. By maintaining focus on spinal and nervous system health, the approach aims to facilitate natural development and comfort. Plans evolve based on progress and feedback, ensuring relevance to each child's circumstances.

The practice maintains transparency in its processes, explaining assessments and recommendations fully to parents. This relational model distinguishes it from more transactional experiences, prioritizing sustained partnerships over short-term interventions. As interest in natural, preventive health options grows among families, the clinic continues to provide evidence-informed support rooted in real patient needs.

Ascend Family Chiropractic functions as a family-centered practice in Graham, Washington. The clinic specializes in chiropractic care that supports pain relief, injury recovery, and wellness maintenance for individuals and families across all ages. Through personalized, thoughtful treatments in a supportive setting, the practice contributes to better movement, comfort, and quality of life for the Pierce County community.

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Ascend Family Chiropractic

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