



Active Chiropractic Serves as Established Raleigh Chiropractor with Strong Patient Feedback

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Active Chiropractic has provided chiropractic services to the Raleigh community for many years through a multidisciplinary team. The practice integrates spinal adjustments with complementary therapies to support patients with neuromusculoskeletal concerns. Patient feedback on the Google Business Profile shows 284 reviews with a 4.9 aggregate rating, offering perspectives on various aspects of care received at the clinic.

Review topics include experiences with care for back pain and disc issues involving Dr. Matthew Murphy, Softwave therapy sessions for shoulder and elbow conditions, and massage therapy with Susan Rotman addressing carpal tunnel symptoms. Other feedback references red light therapy sessions led by Lindsay, including details on consultations and follow-up support. These accounts describe individual experiences with consistency of care, family treatments, and sports injury support.

Chiropractic adjustments at the practice employ evidence-based techniques such as diversified, drop table, flexion-distraction, and instrument-assisted methods to address spinal alignment and nervous system

function. These interventions support management of conditions including neck pain, back pain, headaches, sciatica, and joint dysfunctions. Complementary services enhance the approach, with massage therapy utilizing Swedish, deep tissue, trigger point, lymphatic, craniosacral, and Reiki modalities performed by licensed therapists. Softwave therapy applies acoustic wave technology to promote tissue repair and blood flow. Dry needling targets muscle trigger points, while lifestyle education covers ergonomics, exercise, and nutrition.

All providers at Active Chiropractic maintain appropriate professional licensing and certifications consistent with North Carolina regulations for their respective fields.

Dr. Molly Hall, chiropractor and owner of Active Chiropractic, emphasized the importance of patient-centered care in earning positive feedback. "We believe great outcomes start with listening to our patients and taking the time to understand their concerns," said Dr. Hall. "Our goal is to provide personalized care, clear communication, and a positive experience at every visit, and we're grateful that so many patients have shared their experiences through online reviews."

The team features Dr. Ahni Ruzsa, whose training encompasses Dynamic Neuromuscular Stabilization, FAKTR, Dry Needling, and McKenzie methods. Her background as a former collegiate track athlete informs work with patients across life stages, including families and women's health. Gigi Dube-Clark serves as neuropathy director and Softwave clinical lead, drawing on more than 28 years of registered nursing experience in emergency care. Lindsay Gilbert, holistic health coach and certified personal trainer, oversees red light therapy.

Massage therapists include Lindsay Dusseau with nearly 17 years of experience and certifications in craniosacral therapy and Reiki levels I through Master; Allie Farmer with nearly two decades focusing on chronic pain and athletic recovery; Susan Rotman with over two decades supporting pregnancy, postpartum, and related care; Joshua Larimar; and Lydia Smith incorporating Graston Technique and reflexology. These professionals deliver licensed bodywork that complements chiropractic services.

Active Chiropractic originated with Dr. Molly Hall following her cum laude graduation from Logan College of Chiropractic in 2005. Her personal experience with headache relief through chiropractic care and an internship at the Musculoskeletal Pain in Pregnancy Clinic at Barnes-Jewish Hospital shaped her focus on chronic soft tissue injuries, prenatal care, Active Release Technique, and Neurokinetic Therapy. The clinic has developed into a North Hills facility emphasizing coordinated, non-invasive methods and patient education.

Administrative staff, including practice manager Emma Bowman and assistant Rosanna King, support operations. The team's model centers on compassion, integrity, and empowerment through education to help

patients maintain health proactively.

By addressing root causes through structured plans, Active Chiropractic supports Raleigh residents seeking neuromusculoskeletal options. The practice's history of patient engagement, as reflected in accumulated feedback, aligns with its role as a Raleigh chiropractor delivering team-based care within a licensed professional framework.

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For more information about Active Chiropractic, contact the company here: Active Chiropractic Molly Hall 919-832-3365 info@activechiroraleigh.com 3410 Six Forks Rd, Raleigh, NC 27609

Active Chiropractic

Founded in 2005 by Dr. Molly Hall, a passionate chiropractor and health advocate, we are proud to be a holistic healthcare provider located in the heart of Raleigh, North Carolina.

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