



Free Guide Provides Five Key Steps To Manifesting Abundance And Turning Desires Into Reality

April 29, 2016

April 29, 2016 - PRESSADVANTAGE -

Many people read about the Law of Attraction but never quite figure out how to make it work for them. Elisabeth Kuhn, Ph.D., the owner of the blog My Favorite Self Help Stuff DOT Com, now offers a free 5-step guide to Manifesting Abundance. She also provides a number of tips in her article that can provide important clues why things often aren't working so well.

Kuhn argues that it is all too easy to fall into the trap of focusing on what needs to be changed. This means, of course that the focus is on what people do not want. Unfortunately, this approach only attracts more of what they don't want.

Instead, they need to focus on what they do want. This can be difficult when they're mired in frustration, but it's definitely worth the effort. After all, she argues, it is feelings that attract things, and not our words, at least not for the most part.

In her article on Manifesting Abundance, Kuhn offers five keys to achieving a more successful outcome. She also points out several traps that are easy to fall into and that could keep anyone stuck in the mud. She

shares how she, too, used to fall into the same trap and feel quite self-righteous when insisting that she would be happy just as soon as her life improved. But a mentor told her it's the other way round. She first had to be happy and then things would improve.

Following those principles is not easy, but there are ways to make it less challenging. Kuhn's article provides some suggestions, and a free guide on Manifesting Abundance provides additional help.

There is also a resource available that provides a much more detailed path towards abundance, both in terms of information and in terms of literally helping with making more abundance happen. That's because this resource is a complete business in a box with Private Label Rights. It not only provides lots of valuable information, but it can also be uploaded and sold immediately.

More details as well as the free guide on Manifesting Abundance and the not quite free but very affordable resource with PLR rights are available at the end of Kuhn's article on her blog, MyFavoriteSelfHelpStuff.com.

<http://myfavoriteselfhelpstuff.com/manifesting-abundance-how-to-get-what-you-want/>

###

For more information about My Favorite Self Help Stuff, contact the company here: My Favorite Self Help Stuff Elisabeth Kuhn 804-285-2535 richmondwebmarketing@gmail.com My Favorite Self Help Stuff c/o Elisabeth Kuhn P.O. Box 17912 Richmond, VA 23226

My Favorite Self Help Stuff

My Favorite Self Help Stuff along with My Favorite Web Stuff are blogs created by Elisabeth Kuhn, focusing on health, happiness, and prosperity. They provide advice and resources to people looking to find success online.

Website: <http://myfavoritewebstuff.com/talkspot>

Email: richmondwebmarketing@gmail.com

Phone: 804-285-2535



