

# **MaxLiving Chiropractic - Naples Highlights**

## **Comprehensive Pain Management in Naples, FL**

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MaxLiving Chiropractic - Naples highlights comprehensive pain management in Naples, FL by focusing on the root causes of discomfort rather than temporary symptom relief alone. The clinic applies advanced spinal corrective care and principled chiropractic methods to help patients restore proper alignment and support the body's natural processes. This established approach serves individuals and families seeking non-invasive options for ongoing wellness in the Naples community.

Many people experience recurring discomfort due to spinal misalignments, postural stress, and other factors that interfere with normal body function. The clinic's methods aim to identify these underlying contributors through thorough assessment and then address them directly. By reducing interference to the nervous system and supporting joint mobility, the care seeks to improve overall function and comfort over time. This differs from approaches that target only the site of pain without examining contributing elements elsewhere in the body.

The clinic structures its services around a clear patient process. Care begins with listening to the individual's health history, concerns, limitations, and goals. Precise data collection follows, which may include imaging such as x-rays to uncover specific disruptions. Results are reviewed in detail during follow-up visits so that both practitioner and patient develop a clear understanding of the factors involved. Personalized recommendations then guide next steps, with education provided to help patients participate actively in their care between visits.

Advanced spinal corrective care forms the foundation of the clinic's pain management efforts. Adjustments are delivered with precision to restore alignment and reduce pressure on nerves that may transmit pain signals. Complementary services such as nutritional consultation, testing, and massage therapy support the overall plan by addressing additional lifestyle and soft-tissue factors. The integrated model reflects the clinic's commitment to whole-person care rather than isolated interventions.

Dr. Maryella Loman, Doctor of Chiropractic and board-eligible Chiropractic Sports Physician, brings more than 29 years of clinical experience to these services. She graduated from the University of Minnesota and Northwestern Health Sciences University in 1989. While pursuing a path toward orthopedic surgery, a car accident caused her debilitating pain that conventional approaches did not resolve. Her introduction to chiropractic care produced dramatic relief and introduced a natural, drug-free philosophy that aligned with her understanding of how the body heals. This personal experience shaped her decision to change career direction and now informs her work helping others address similar challenges.

"Having experienced firsthand how principled chiropractic care can resolve debilitating pain when other methods fall short, I am dedicated to helping patients identify and correct the root causes of their discomfort through precise adjustments and supportive care," said Dr. Maryella Loman, Doctor of Chiropractic at MaxLiving Chiropractic - Naples.

The clinic operates as part of the MaxLiving network and utilizes the 5 Essentials framework to guide comprehensive wellness. This model integrates core chiropractic adjustments with attention to nutrition, mindset, oxygen and exercise, and minimization of toxins. By addressing multiple dimensions of health, the framework supports sustained improvements rather than short-term fixes. Education remains central, equipping patients with knowledge about how daily habits influence spinal health and overall function.

"Our structured process and whole-body framework allow us to move beyond simply managing symptoms and instead support patients in achieving lasting improvements in comfort and daily function," said Dr. Maryella Loman, Doctor of Chiropractic at MaxLiving Chiropractic - Naples.

MaxLiving Chiropractic - Naples has served the local community since 1992, with the current location established in 2018. The doctors bring more than 60 years of combined clinical experience to each patient interaction. Care remains personalized, with plans developed after careful review of individual data and goals. The practice emphasizes empowerment through clear communication and practical guidance that patients can apply at home.

This approach to pain management in Naples, FL aligns with the clinic's broader philosophy of honoring the body's innate wisdom and reducing interference to natural healing. Patients receive care in a supportive environment that prioritizes safety, precision, and long-term results over quick fixes. The model complements other healthcare services patients may receive and focuses on sustainable strategies for improved quality of life.

MaxLiving Chiropractic - Naples is a chiropractic clinic dedicated to principled care and whole-body wellness. The practice empowers individuals and families to pursue better health by addressing root causes through advanced spinal corrective care, nutritional guidance, and educational resources grounded in natural healing principles.

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### **MaxLiving Chiropractic Naples**

*Doctors Greg and Maryella Loman have been serving patients in Naples since 1992 and have over 60 years of collective clinical experience.*

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