



## **Modern Vision Solutions Offers OptiLIGHT IPL for Dry Eye Treatment in Omaha, Nebraska**

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Modern Vision Solutions, an optometry practice located in Omaha, Nebraska, offers OptiLIGHT intense pulsed light (IPL) therapy as part of its dry eye treatment services. The practice provides OptiLIGHT IPL alongside other in-office dry eye therapies at its Omaha location for patients with chronic, inflammation-driven dry eye. A recently published article from the practice, [What Is OptiLIGHT IPL for Dry Eye in Omaha?](#), explains how the treatment works and which patients may be candidates.

OptiLIGHT is the first and only intense pulsed light treatment with U.S. Food and Drug Administration approval for dry eye caused by meibomian gland dysfunction, and as of 2026 no other IPL device holds that indication. Meibomian gland dysfunction is a common contributor to evaporative dry eye, in which the glands that produce the oily layer of the tear film become blocked or inflamed. The treatment delivers controlled light pulses to the skin below and around the eyes, targeting the abnormal blood vessels that release inflammatory mediators near the meibomian glands. As that chronic inflammation decreases, the glands can resume healthier oil production and the lipid layer of the tear film improves, which addresses a root cause of evaporative dry eye rather than only easing symptoms. Patients throughout Omaha and West Omaha who have found limited relief from artificial tears or warm compresses have access to OptiLIGHT IPL at Modern

Vision Solutions.

OptiLIGHT IPL is indicated for adults age 22 and older, and for younger patients when clinically indicated, who have evaporative dry eye associated with meibomian gland dysfunction, including those with ocular rosacea or visible telangiectasia around the eyelids. It is indicated for Fitzpatrick skin types I through IV. During a session, the provider applies a coupling gel to the area below and around the eyes and places protective shields over both eyes before the device delivers a series of light pulses. Most patients describe a warm sensation or a light snapping feeling against the skin, and the procedure does not require anesthesia or numbing drops. Some patients experience mild redness or a temporarily gritty sensation for a few hours afterward that typically resolves within a day.

The standard OptiLIGHT IPL protocol at Modern Vision Solutions in Omaha consists of four initial sessions spaced two to four weeks apart, with many patients noticing improvement after the second or third session and maintenance treatments every 6 to 12 months. Each session takes roughly 10 to 15 minutes. Residents of Omaha, Papillion, La Vista, and Bellevue, Nebraska, and Council Bluffs, Iowa, seeking dry eye treatment can receive OptiLIGHT IPL and related therapies at the practice's Omaha office, located at One Pacific Place.

"Chronic dry eye is often driven by inflammation around the meibomian glands, and many patients have tried drops or warm compresses without lasting relief," said Dr. Meagan Anderson, OD, lead optometrist at Modern Vision Solutions in Omaha. "OptiLIGHT IPL works on that underlying inflammation rather than the symptoms alone, so we evaluate each patient's gland health and tear film before recommending it as part of a treatment plan." At Modern Vision Solutions in Omaha, that evaluation assesses gland health, tear film, and inflammation level to determine whether OptiLIGHT IPL, LipiFlow, BlephEx, or a combination approach fits each patient's condition. Dr. Anderson completed her residency in refractive surgery and primary care at Kugler Vision in Omaha and holds a Doctor of Optometry degree from the University of Missouri-St. Louis College of Optometry. She is a member of the American Optometric Association, the American Academy of Optometry, and the Nebraska Optometric Association. At the practice, she performs each step of the OptiLIGHT IPL protocol, from the initial dry eye evaluation through gland expression and maintenance sessions.

Modern Vision Solutions is located at 10345 Pacific St in Omaha, Nebraska, and the office can be reached at (833) 586-2020. While OptiLIGHT IPL targets the inflammation behind meibomian gland dysfunction, other treatments at the practice like LipiFlow use thermal pulsation to clear blocked glands. The two can be combined within a single dry eye treatment plan. OptiLIGHT IPL is designed to work alongside other therapies rather than replace them, and pairing it with treatments such as LipiFlow, BlephEx, or punctal plugs can address several contributing factors of meibomian gland dysfunction at once. The practice serves patients from Omaha, Papillion, La Vista, Bellevue, and Council Bluffs, Iowa, and driving directions to the Omaha office are available through Google Maps.

Modern Vision Solutions provides OptiLIGHT IPL and other dry eye treatments at its optometry practice in Omaha, Nebraska, where comprehensive eye exams, including the practice's VisionTrack EyeAnalysis, and contact lens fittings are also available. Additional information about the practice, including hours and patient reviews, can be found on its Google Business Profile. Modern Vision Solutions continues to offer in-office dry eye care for patients across the Omaha area as part of its full range of optometry services.

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For more information about Modern Vision Solutions - Omaha, contact the company here: Modern Vision Solutions - Omaha Jordan Maddex-Kopp (833) 586-2020 [marketing@alignedmanagementservices.com](mailto:marketing@alignedmanagementservices.com) 10345 Pacific St. Omaha, NE 68114

### **Modern Vision Solutions - Omaha**

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