Inland Cosmetic Surgery Founder Dr. Jacob Haiavy Publishes Two Breast Surgery Studies

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RANCHO CUCAMONGA, CA - June 30, 2026 -
Dr. Jacob Haiavy, a Diplomate of the American Board of Cosmetic Surgery and founder of Inland Cosmetic Surgery, has co-authored two peer-reviewed studies published in The American Journal of Cosmetic Surgery in 2026, both examining techniques aimed at improving outcomes in breast augmentation patients.

The study titled ?Use of GalaFLEX (P4HB) Scaffold as an Internal Bra in Aesthetic Revision Breast Augmentation Technique and Outcomes? evaluates the use of an internal support structure in aesthetic revision breast augmentation, documenting the surgical technique and patient outcomes. In ?A Multi-modality Low-Level Light Therapy Approach for Capsular Contracture Treatment and Prevention in Breast Augmentation Patients,? the researchers examined outcomes from a novel, combined approach for the treatment and prevention of capsular contracture?one of the more common complications associated with breast implants.

Both papers add to a growing body of research focused on reducing complications and improving long-term results in cosmetic breast procedures.

?Capsular contracture and the need for revision surgery remain two of the most persistent challenges in breast augmentation,? said Dr. Haiavy. ?These studies reflect work our team has been doing for years to give patients more durable results and fewer reasons to return to the operating room.?

The internal scaffold study addresses revision augmentation, a category of procedures performed when a previous breast augmentation requires correction or a change. Revision surgery carries unique cosmetic risks, as the tissues may have a reduced ability to support the breast implant on their own. The use of a bioabsorbable P4HB ?mesh? scaffold functions as an internal means of supporting breast tissue, a technique sometimes described informally as an ?internal bra.? The research documents both the method and the results observed in patients who underwent the procedure, with high rates of patient satisfaction after surgery.

The capsular contracture study examines a non-surgical approach to a condition in which scar tissue tightens around a breast implant, sometimes causing firmness, discomfort, or distortion. Additional surgery may be necessary to remove the hardened tissue in more advanced cases, and the study addresses this risk with a multi-modality protocol (including light therapy), which is presented as both a preventive measure and a treatment option, offering an alternative to additional surgery in some cases.

?Publishing in a peer-reviewed journal means the work is scrutinized by other surgeons before it ever reaches patients,? said Dr. Haiavy. ?That accountability matters. When we share a technique, we want it backed by data, not just by a single surgeon's opinion, so that it can help to advance the field and improve patients? outcomes.?

Dr. Haiavy has authored numerous studies over the course of his career, with prior work appearing in plastic and cosmetic surgery journals including Annals of Plastic Surgery. He is a past president of both the American Board of Cosmetic Surgery and the California Academy of Cosmetic Surgery. He has performed more than 10,000 cosmetic surgery procedures, including over 5,000 breast procedures.

His work in breast surgery has included a focus on minimally invasive techniques. He offers the highly nuanced transumbilical breast augmentation (TUBA) technique, an approach that places implants through a single incision near the navel, and he was one of the first cosmetic surgeons to perform transumbilical augmentation using silicone implants (TUSBA).

Beyond his surgical practice, Dr. Haiavy directs an American Academy of Cosmetic Surgery?accredited fellowship program at his practice, training two surgeons each year in the safe practice of cosmetic surgery. He also serves as a volunteer assistant clinical professor at Loma Linda University.

?Teaching the next generation of surgeons is part of the responsibility that comes with this work,? said Dr.

Haiavy. ?Research and training go hand in hand. The goal is to raise the standard of care across the whole field, not just inside one practice.?

Inland Cosmetic Surgery operates a fully accredited outpatient surgery center in Rancho Cucamonga and has helped more than 30,000 patients across the Inland Empire and surrounding communities.

For more information, visit the Inland Cosmetic Surgery website.

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For more information about Inland Cosmetic Surgery - Rancho Cucamonga, contact the company here:Inland Cosmetic Surgery - Rancho CucamongaDr. Jacob Haiavy909-987-0899maryam@inlandcosmetic.com8680 Monroe Ct STE 200, Rancho Cucamonga, CA 91730

Inland Cosmetic Surgery - Rancho Cucamonga

At Inland Cosmetic Surgery, Dr. Jacob Haiavy and Dr. Emma Ryan provide cosmetic surgery for the face, breast, and body with world-class safety, care, and attention to detail. The practice also houses a medspa for top-notch minimally invasive solutions.

Website: https://www.inlandcosmetic.com/

Email: maryam@inlandcosmetic.com

Phone: 909-987-0899