

The Iskandar Complex Hernia Center

The Iskandar Complex Hernia Center Offers Robotic Subcutaneous Onlay Hernia Repair in Waxahachie, Texas

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The Iskandar Complex Hernia Center, a complex hernia surgery practice located in Waxahachie, Texas, has published a clinical resource on robotic subcutaneous onlay repair, a minimally invasive hernia surgery technique used in the treatment of ventral hernias, umbilical hernias, and incisional hernias. The practice, situated within Baylor Scott & White Medical Center in Waxahachie, focuses on complex hernia repair and abdominal wall reconstruction for patients across Waxahachie, Dallas, Fort Worth, and Midlothian. The resource, titled "Robotic Subcutaneous Onlay Repair," describes the surgical technique, its clinical indications, and its place among the robotic and minimally invasive options the practice uses for abdominal wall reconstruction.

The technique closes the hernia defect and tightens the muscles of the abdominal wall, and it is performed through a robotic-assisted, minimally invasive approach rather than a large open incision. Robotic subcutaneous onlay repair places prosthetic mesh in the subcutaneous plane, anterior to the muscles of the abdominal wall, a position that keeps the mesh from contacting the organs inside the abdomen. It can also be performed without mesh when appropriate. At The Iskandar Complex Hernia Center, robotic subcutaneous

onlay repair is applied to ventral hernias and umbilical hernias, including cases that occur alongside diastasis recti, a separation of the midline abdominal muscles that often accompanies a midline hernia. Patients throughout Waxahachie and Dallas seeking robotic hernia repair have access to this approach as one of several methods the practice uses for complex hernia surgery.

The technique is one part of a broader set of options the practice applies based on the hernia and the patient rather than a single protocol. For larger, recurrent, or more involved defects, The Iskandar Complex Hernia Center pairs robotic hernia repair and minimally invasive hernia surgery with open abdominal wall reconstruction. Residents of Fort Worth and Midlothian seeking complex hernia surgery have access to robotic-assisted procedures, laparoscopic repairs, and open techniques that include component separation and transversus abdominis release for the most challenging cases. The practice treats inguinal, ventral, incisional, umbilical, and recurrent hernias, as well as complex and multiply recurrent hernias in which prior repairs have failed.

Because the subcutaneous onlay approach positions mesh outside the abdominal cavity, the resource notes it as one option considered for patients for whom keeping the mesh away from the bowel is a clinical priority. The resource also addresses practical considerations of the technique, including the potential for fluid to collect in the space created during dissection beneath the skin, a factor surgeons weigh when selecting an approach. By offering robotic, laparoscopic, and open repairs together, The Iskandar Complex Hernia Center matches each procedure to the patient's anatomy and hernia type across its service area of Waxahachie, Dallas, Fort Worth, and Midlothian.

"Robotic subcutaneous onlay repair gives us a way to tighten the abdominal muscles, repair hernias and reinforce the abdominal wall while keeping the mesh in front of the muscle and away from the organs, which matters for certain patients," said Dr. Mazen E. Iskandar, MD, FACS, a complex hernia surgeon, Surgeon of Excellence in Hernia Surgery, and founder of The Iskandar Complex Hernia Center. "Not every hernia calls for the same operation. Having robotic, laparoscopic, and open techniques available means the approach can be matched to the patient's anatomy rather than forcing the anatomy to fit one method." Dr. Iskandar is an Associate Professor of Surgery at Texas A&M School of Medicine and has authored two chapters in *Surgical Endoscopy*, the official journal of the Society of American Gastrointestinal and Endoscopic Surgeons and the European Association for Endoscopic Surgery, including a chapter on port placement in laparoscopic ventral hernia repair. He founded The Iskandar Complex Hernia Center in 2020.

The Iskandar Complex Hernia Center is located at 2360 N Interstate 35 E Rd, Suite 310-B, in Waxahachie, Texas, within Baylor Scott & White Medical Center, and serves patients from Waxahachie, Dallas, Fort Worth, and Midlothian. The center operates as a solo specialty practice focused on hernia repair, and it draws patients from across North Texas who travel for robotic hernia repair, minimally invasive hernia surgery, and complex hernia surgery. For those coming from the surrounding region, driving directions to the

practice are available.

For more information about robotic subcutaneous onlay repair and other complex hernia surgery options at The Iskandar Complex Hernia Center in Waxahachie, Texas, the practice maintains its website at <https://iskandarcenter.com> along with its Google Business Profile, which lists location and contact details. The Iskandar Complex Hernia Center continues to provide robotic, laparoscopic, and open hernia repair and abdominal wall reconstruction to patients in Waxahachie, Dallas, Fort Worth, and Midlothian.

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For more information about The Iskandar Complex Hernia Center, contact the company here: The Iskandar Complex Hernia Center
Mazen Iskandar
info@iskandarcenter.com
The Iskandar Complex Hernia Center
2460 I-35E Suite 310-B
Waxahachie, TX 75165

The Iskandar Complex Hernia Center

The Iskandar Complex Hernia Center offers complex hernia surgery and advanced abdominal procedures with renowned expertise and unparalleled compassion so that you can enjoy a dramatically improved quality of life.

Website: <https://iskandarcenter.com>

Email: info@iskandarcenter.com

The logo for The Iskandar Complex Hernia Center is displayed within a light gray rectangular border. The text "The Iskandar" is on the top line and "Complex Hernia Center" is on the bottom line, both in a dark teal color. The text is centered within a light green rectangular background.

**The Iskandar
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