



Trillium Dental Advises Ottawa Residents on How to Access Free Dental Care Through the Canadian Dental Care Plan

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Trillium Dental is advising Ottawa residents on how to access dental care through the Canadian Dental Care Plan, a federal government program that provides coverage for eligible Canadians without private dental insurance. The plan has been rolling out across Canada in phases since 2024, and Trillium Dental is providing guidance to help Ottawa residents understand eligibility criteria, covered services, and the steps required to access benefits at a participating dental clinic.

The Canadian Dental Care Plan is administered by Sun Life Financial on behalf of the federal government and targets individuals and families whose household income falls below defined thresholds and who lack access to private dental benefits. Eligible applicants must be Canadian residents who have filed their most recent tax return, as the Canada Revenue Agency uses tax data to verify income eligibility. Coverage levels vary based on adjusted family net income, with those in lower income brackets receiving a higher percentage of covered costs for eligible procedures.

Covered services under the plan include a defined range of preventive, diagnostic, and restorative

procedures. Preventive services such as examinations, cleanings, and X-rays are among the most commonly accessed benefits, reflecting the plan's emphasis on reducing the cost barrier that has historically caused eligible Canadians to defer routine dental care. Restorative procedures, including fillings and extractions, are also covered for eligible recipients, with coverage percentages determined by the federal fee guide for each service category.

"The Canadian Dental Care Plan represents a meaningful change in access for Ottawa residents who have been managing without dental coverage," said Dr. Mark Northcott of Trillium Dental. "A significant number of people who are eligible for the plan may not yet understand how to use it or may be uncertain whether their dentist participates. Trillium Dental accepts the Canadian Dental Care Plan (CDCP) across its Ottawa locations, and our team walks patients through the process from eligibility verification to appointment booking, so the administrative side of access is not a barrier in itself."

Trillium Dental participates in the Canadian Dental Care Plan across its seven Ottawa clinic locations, making coverage accessible to eligible residents in communities across the city, including Kanata, Nepean, Orleans, and the Ottawa core. Patients who believe they may be eligible can confirm their eligibility through the federal government's online eligibility tool or by contacting Service Canada. Trillium Dental's administrative team is available to assist with verification and the appointment process for patients navigating the plan for the first time.

Trillium Dental is your trusted family dentist in Kanata, providing the full range of covered services under the Canadian Dental Care Plan alongside the clinic's standard private-pay and insured service offerings. Kanata's diverse residential population includes a significant proportion of families and working adults who may qualify for plan coverage based on income criteria. Trillium Dental's participation in the plan at that location ensures that Kanata residents have local access to a participating clinic without having to travel to other parts of the city.

Trillium Dental's Orleans location similarly serves east Ottawa residents as a dentist in Orleans accepting Canadian Dental Care Plan coverage. Orleans and the surrounding east Ottawa communities have a large and growing residential population, including many families and recent immigrants who may qualify for plan benefits. Ensuring that participating clinics are available in Orleans reduces the geographic barrier that could otherwise prevent eligible East Ottawa residents from using their coverage at a location convenient to where they live.

About Trillium Dental: Trillium Dental is an Ottawa-based dental practice network operating seven clinic locations across the city, led by Dr. Mark Northcott. The practice participates in the Canadian Dental Care Plan and provides preventive, restorative, cosmetic, orthodontic, and emergency dental services to patients across Ottawa, including locations in Kanata, Nepean, and Orleans. Trillium Dental's multi-location structure

ensures that Ottawa residents across the city have access to a participating dental provider.

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Trillum Dental

Trillum Dental now operates seven clinics across Ottawa, making quality dental care more accessible citywide. Led by Dr. Mark Northcott, the practice provides preventive, restorative, cosmetic, and emergency services in convenient locations.

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