

Vital Wellness Center Serves as a Sponsor For Next Generation Playground 5K and Family Fair

July 14, 2026

ELBURN, IL - July 14, 2026 -

Vital Wellness Center served as a Playground Partner sponsor for the 2nd Annual Color Outside the Line 5K and Family Fair held on Saturday, June 27 in South Elgin. The event advanced Next Generation Playground initiatives aimed at developing an inclusive, sensory-friendly indoor playground and community center for children of all abilities in the local area.

Dr. David Foss founded Vital Wellness Center in 2002. His dedication to neurologically focused care stems from personal experiences with health challenges and family circumstances involving complex neurological needs. This background has informed the practice's commitment to supporting families through both clinical services and community involvement.

Dr. Foss, founder of Vital Wellness Center, stated, "We care deeply about community impact. We actively support local initiatives that align with our values of independence and dignity. Jordyn's vision fits that bill perfectly."

He added, "We both want to see kids thrive, sleep better, and hit their full potential. Healing starts with feeling safe and heard. Sometimes that happens with the care advocate team in our playrooms. Other times, it happens by building inclusive spaces right in our backyard."

The sponsorship as Playground Partner underscores Vital Wellness Center's ongoing engagement with efforts that promote family well-being and inclusion. The event united runners, walkers, volunteers, sponsors, vendors, and families in a day of energy, joy, and community connection. Proceeds and participation contribute directly to the development of sensory-friendly spaces where children can explore, learn, and grow regardless of ability.

Vital Wellness Center, located in Kane County, emphasizes optimizing nervous system function to support

clearer brain-body communication as part of its care model. The practice offers individualized plans for pediatric, prenatal, and family patients, with an office environment designed to accommodate sensory needs through play areas and dedicated support.

Dr. Foss has served families in the local area and surrounding communities for more than two decades. His professional affiliations include the International Chiropractor's Association, the International Chiropractic Pediatric Association, the Illinois Prairie State Chiropractor's Association, service as a clinic abroad doctor in Brazil, and contributions to the scientific advisory committee and as expert editor for Generational Rescue associated with the Jenny McCarthy Autism Foundation.

Dr. Foss maintains an active lifestyle that includes continuous learning, sports, and physical activities. He resides with his wife Jaime and their sons Mason, Hayden, and Gabriel.

The Next Generation Playground project seeks to create a safe, inclusive indoor environment. As a Playground Partner, Vital Wellness Center contributed to this vision of empowering children through accessible play opportunities. Dr. Foss attended the event and connected with founder Jordyn Meinen, recognizing the importance of such community spaces that complement efforts to help children feel safe and supported.

The practice continues operations based on principles established in 2002. Its model integrates neurologically focused chiropractic care with active participation in local initiatives that foster family health, inclusion, and connection. This approach draws from Dr. Foss's personal and professional experiences as outlined on the practice website.

Participation in the June 27 event as a Playground Partner reflects the center's broader commitment to community support. The sponsorship helps advance the goal of an indoor sensory-friendly playground and community center, aligning with values of independence and dignity for all families. The successful gathering highlighted collective efforts to build environments where every child can thrive.

Vital Wellness Center remains dedicated to its role in the community. Through sponsorships like this Playground Partner involvement, the practice extends its mission beyond clinical care to support initiatives that create positive, lasting impact for children and families in Kane County and beyond.

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For more information about Vital Wellness Center, contact the company here: Vital Wellness Center Dr. David Foss (630) 365-9887 drdave@vitalwellnesscenter.net 880 North Main Street Elburn, IL 60119

Vital Wellness Center

Established in 2002 by Dr. Foss, our practice was built to provide exceptional pediatric, prenatal, and family chiropractic care in Elburn, with a focus on tackling the toughest cases.

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