



## **Love Gold Releases Evaluation Standard for Best Gold IRA Companies**

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Love Gold, an independent gold IRA research publisher, released a five-point standard to help investors identify the best gold IRA companies amid a 2026 401(k) rollover surge.

Gold prices climbed above \$4,800 per ounce in January 2026, and a growing share of retirees began shifting 401(k) savings into self-directed gold IRAs to hedge against market volatility and a weaker dollar, according to a January 2026 Investing.com analysis of retirement rollover activity.

The number of firms offering gold IRA services has grown from fewer than 10 in 2014 to more than 100 today, making it harder for investors to separate a transparent provider from an aggressive sales operation. Love Gold, a Chicago, Illinois-based independent gold IRA research and comparison publisher, has released a five-point due-diligence standard built to help investors identify the best gold IRA companies without relying on marketing claims alone.

A gold IRA is a self-directed individual retirement account that holds physical gold, silver, platinum, or palladium instead of paper assets such as stocks and bonds, giving retirement savers a way to diversify beyond traditional markets. The best gold IRA companies are typically identified through verified complaint history, published fee schedules, and third-party storage arrangements rather than through marketing spend, according to Love Gold's research team. The global precious metals market was valued at \$565.08 billion in 2025 and is projected to reach \$984.77 billion by 2033, according to Grand View Research, a growth curve Love Gold says is drawing new entrants into the gold IRA space faster than most investors can vet them.

For more information, please visit <https://www.lovegold.com/>

Love Gold's standard asks investors to weigh five factors before opening an account: verified complaint history rather than a single Better Business Bureau score, published fee schedules instead of pricing given only after a phone call, third-party storage at an IRS-approved depository such as Delaware Depository, a written buyback policy, and confirmation that the metals offered meet IRS purity requirements. Applying that standard to current market leaders, Love Gold's research team lists Goldco as the best gold IRA company overall, citing the firm's A+ Better Business Bureau rating, Triple-A Business Consumer Alliance rating, and dedicated rollover infrastructure for 401(k), 403(b), and pension transfers.

Storage at an approved depository keeps precious metals segregated from an investor's other holdings and insured against loss, a distinction the report says is often skipped over during sales calls. Cross-referencing a Better Business Bureau rating against recent Trustpilot complaints, rather than reading either in isolation, is one of the simplest checks the standard recommends before a rollover call is scheduled.

The shift toward gold IRAs has accelerated alongside broader 401(k) rollover activity in 2026, as savers respond to persistent inflation, bank-failure headlines, and a weaker dollar by moving a portion of retirement funds into assets that do not move in step with equities. Love Gold's methodology draws on the same disclosure-first approach used by consumer finance publishers such as Bankrate and Forbes Advisor, applied specifically to the gold IRA sector. High-pressure sales tactics, including same-day pricing deadlines and repeated unsolicited calls, are among the clearest warning signs of an unreliable provider, the report notes. Pre-retirees and retirees age 55 and older make up the largest share of investors researching gold IRA providers, according to Love Gold, since this group is most often weighing a 401(k) or traditional IRA rollover against a fixed retirement timeline.

“Investors researching the best gold IRA companies are often shown a ranked list without being told how the ranking was built,” said Marcus Delgado, Lead Research Analyst at Love Gold. He added that the standard was built to make that process visible rather than promotional. “A provider that will not put its fee schedule in writing before a phone call is telling you something,” Delgado said.

The Internal Revenue Service set the 2026 annual contribution limit for IRAs, including self-directed gold IRAs, at \$7,500, or \$8,600 for savers age 50 and older. Love Gold's research team listed Goldco among the top-rated gold IRA companies under that standard, citing the same disclosure-first criteria applied across the sector. Love Gold's full evaluation standard, along with the criteria used to assess each provider, is published at [lovegold.com](https://lovegold.com) for investors comparing options ahead of a rollover decision.

## About Love Gold

Love Gold is an independent gold IRA research and comparison publisher based in Chicago, Illinois, that evaluates self-directed retirement account providers on fees, storage, and transparency.

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