



## **Orion Family Spinal Center Offers Back Pain Chiropractic Care in Oakland County, MI**

*July 22, 2026*

LAKE ORION, MI - July 22, 2026 -

Orion Family Spinal Center continues to deliver specialized upper cervical chiropractic care under the direction of Dr. Chris Bennett, addressing spinal alignment issues that can contribute to discomfort including back pain. The practice applies a precise, gentle method focused on the upper cervical region to support nervous system function and overall wellness for patients seeking non-forceful approaches.

Dr. Chris Bennett selected the Lake Orion area for the practice because of a longstanding connection to the community. His wife attended Lake Orion High School, and the family chose the location both to establish the chiropractic office and to raise their children. The center has served residents in the area for five years and maintains an ongoing presence. Community recognition includes the reader's choice Best of the Best Chiropractor award for Lake Orion and Oxford in 2016, along with the Best of the Best Chiropractor designation for Oakland County in the preceding year.

The center employs a whole-person approach to chiropractic care and wellness. Practitioners assess

individual wellness needs and develop personalized care plans aimed at supporting quality of life. The underlying philosophy centers on addressing root causes by promoting unimpeded communication between the brain and the rest of the body through the spinal cord and nerves.

Upper cervical care forms the core of the clinical method. Adjustments concentrate on the atlas and axis vertebrae at the top of the neck, which protect the brainstem and play a role in nerve signaling. The technique relies on detailed health histories, orthopedic and neurological examinations, and specialized imaging such as 3D X-rays or CBCT scans when indicated. Corrections are applied with minimal force and without twisting, cracking, or popping of the spine.

"We take a whole-spine approach that considers how spinal alignment, posture, and movement patterns may contribute to back pain," said Dr. Chris Bennett, founder of Orion Family Spinal Center.

This method is presented as suitable for a range of patients, including children, seniors, and individuals with fragile bone conditions, because of its low-force nature. Care plans are adjusted over time with the goal of improving spinal stability so that visit frequency can decrease as corrections hold.

The practice also addresses a variety of conditions linked to nervous system function. These include neck pain and stiffness, migraines and headaches, vertigo and dizziness, TMJ disorders, post-concussion symptoms, trigeminal neuralgia, fibromyalgia, and other chronic issues. Spinal concerns such as upper or lower back discomfort, sciatica, disc-related problems, and posture-related work injuries are among the presentations considered within the upper cervical framework.

Complementary services include laser therapy for pain management and red light therapy options that form part of broader wellness support. These are integrated with the primary chiropractic focus rather than offered in isolation.

"Our goal is to identify the underlying factors contributing to a patient's back pain rather than simply addressing the symptoms," Dr. Bennett said. "Every treatment plan is personalized and centered on precise corrections that support lasting spinal health and function."

The clinical process typically begins with consultation and examination to determine whether upper cervical care is appropriate. When misalignments are identified, gentle corrections are performed. Follow-up visits monitor progress and refine the plan. Education on posture and lifestyle factors is included to support maintenance of results between appointments.

Orion Family Spinal Center positions its services within a framework that emphasizes precision over repeated high-velocity adjustments. By concentrating on the upper cervical spine, the approach seeks to create

conditions for improved nervous system communication that may influence posture, organ function, and overall physiological balance.

The center operates with attention to individual differences and evidence-informed application of upper cervical principles. Staff members develop plans based on patient history and response rather than standardized protocols.

As the practice maintains its established presence, it continues to offer specialized care rooted in the community connections that led Dr. Bennett to open the office. The combination of upper cervical technique and a whole-person perspective provides a structured option for those exploring non-invasive spinal support.

Orion Family Spinal Center remains focused on delivering care that targets potential sources of nervous system interference through precise, low-force methods. This approach supports the center's role as a resource for patients in the region seeking alternatives that respect the integrity of the spine and nervous system.

The philosophy prioritizes understanding and correction over symptom suppression alone. Practitioners aim to facilitate the body's regulatory functions more effectively by optimizing upper cervical alignment. Protocols balance thorough evaluation with practical considerations for patients managing daily schedules and health priorities.

Orion Family Spinal Center continues as a provider of upper cervical chiropractic services with an emphasis on personalized plans and gentle technique. Its location in the Lake Orion area supplies access for residents seeking this form of care. Through consistent application of its methods, the center sustains its position as an established resource for non-invasive spinal health support.

###

For more information about Orion Family Spinal Center, contact the company here: Orion Family Spinal Center  
Dr. Chris Bennett (248)-391-6101 orionfamilyspinalcenter@gmail.com  
3385 Waldon Rd Lake Orion, MI 48360

## **Orion Family Spinal Center**

*At Orion Chiropractic, we specialize in the distinguished practice of Upper Cervical Specific Chiropractic—a precise and focused approach that steers clear of the conventional twisting of the body or neck.*

Website: <https://orionfamilyspinalcenter.com>

Email: [orionfamilyspinalcenter@gmail.com](mailto:orionfamilyspinalcenter@gmail.com)

Phone: (248)-391-6101

