



On Purpose Chiropractic Provides Pregnancy Chiropractic Care in Santa Clara County, CA

July 22, 2026

LOS GATOS, CA - July 22, 2026 -

On Purpose Chiropractic has provided pregnancy chiropractic care in Santa Clara County, CA since opening its doors in Los Gatos in 2000. The practice, led by Dr. Adam Kleinberg, offers prenatal chiropractic services centered on spinal correction and nervous system support for expecting mothers in the region.

Dr. Adam Kleinberg established On Purpose Chiropractic with a focus on thorough patient evaluations and individualized care plans. The office conducts detailed assessments of spinal and pelvic alignment during pregnancy. Services include general chiropractic adjustments and specialized prenatal approaches using the Webster Technique. Patients receive clear explanations of recommended strategies throughout the course of care.

Dr. Kleinberg first experienced chiropractic care at age 13 after low back pain limited his mobility. He pursued education at Bridgeport College of Chiropractic after recognizing the principles of the profession through personal experience and discussions with a practicing chiropractor. During his studies, he co-founded the

Technique Club and participated in a mission trip to Panama. After receiving his Doctor of Chiropractic degree, he practiced in seven countries on three continents before establishing the practice in Los Gatos. The office has operated for more than two decades.

Dr. Kleinberg holds certification in the Webster Technique, a chiropractic method that addresses the lower spine and hips. The practice presents this approach as a means to support pelvic function and create space during pregnancy. Prenatal services are available for patients at various stages. Care is structured around maintaining joint mobility as the body adapts to physical changes. The office notes that many studies indicate women who receive regular chiropractic care during pregnancy experience shorter labor and delivery times and fewer interventions.

"Pregnancy brings many changes that can affect the spine and pelvis," said Dr. Adam Kleinberg, chiropractor at On Purpose Chiropractic. "The Webster Technique allows us to address the lower spine and hips with a gentle approach that supports the body's natural adaptation during this period."

Dr. Kleinberg has provided prenatal care for over two decades, including support for the mother of his children up to and during labor. He has received regular chiropractic care for more than 30 years. A former personal trainer, he maintains an active lifestyle. Family remains a central focus, and he published the book "Shine Your Love on the World: Letters to My Daughters" in 2014.

The practice prioritizes comprehensive consultations to review patient histories and goals related to pregnancy. Appointments allow time for assessments and education. Scheduling options support the needs of expecting mothers. On Purpose Chiropractic maintains a family wellness approach that includes prenatal and pediatric services alongside care for patients of all ages.

Spinal correction remains a core element of the practice. Prenatal care incorporates adjustments designed for the physical demands of pregnancy. The Los Gatos location serves residents seeking structured support during this period. The office environment is designed to be welcoming, with staff focused on clear communication and professional interactions.

"Supporting the nervous system during pregnancy helps the body respond more effectively to the changes taking place," said Dr. Adam Kleinberg. "That connection is central to how we approach care for expecting mothers."

Dr. Kleinberg's international practice experience informs the techniques available locally. Care plans consider individual presentations and stages of pregnancy. Methods are selected to suit different patient needs. The practice has maintained consistent operations since 2000, providing ongoing access to prenatal chiropractic services in Santa Clara County.

Community members in the area have utilized the services through the expertise applied at the office. Dr. Kleinberg continues professional development aligned with established principles. The team follows structured protocols while refining approaches based on training. Consultations involve discussions about spinal health during pregnancy and recommended care paths.

The practice operates with an emphasis on patient-centered processes. Staff members facilitate organized visit experiences. Clear explanations help patients understand the basis for care recommendations. On Purpose Chiropractic remains dedicated to its role in the Santa Clara County community. Dr. Adam Kleinberg and the staff deliver chiropractic services based on extensive training and experience. The Los Gatos office continues to offer structured prenatal spinal support for local residents.

The practice's approach to pregnancy care centers on restoring mobility and supporting nervous system function as the body changes. Adjustments are described as gentle and available at any stage. Care may begin early in pregnancy to support adaptation. The office presents these services as part of a broader family wellness model that has been available in the community for more than twenty years.

Dr. Kleinberg's background includes both clinical practice across multiple countries and personal experience with prenatal care. This combination informs the methods used at On Purpose Chiropractic. The practice continues to serve expecting mothers in Santa Clara County through consistent application of trained techniques and individualized attention.

###

For more information about On Purpose Chiropractic, contact the company here: On Purpose Chiropractic Dr. Adam Kleinberg (408) 354-8044 admin@onpurposechiropractic.com 427 N Santa Cruz Ave Los Gatos, CA 95030

On Purpose Chiropractic

Dr. Adam Kleinberg began practicing in 2000, after benefiting from chiropractic for most of his life and wanting to share the true healing benefits with others.

Website: <https://www.onpurposechiropractic.com>

Email: admin@onpurposechiropractic.com

Phone: (408) 354-8044

