



Deer Run Camps & Retreats Announces Special Father-Son and Mother-Daughter Weekend Retreats

August 06, 2026

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Deer Run Camps & Retreats announces two specialized weekend retreats designed to strengthen family bonds through outdoor adventures and meaningful activities. The Father-Son Adventure Weekend scheduled for August 21-23 and the Mother-Daughter Getaway Weekend in September offer families dedicated time away from daily distractions to create lasting memories together.

The Father-Son Adventure Weekend provides an action-packed experience featuring fishing and archery tournaments, wiffle ball home run derby, football challenges, swimming, zip lines, water slides, and Corcl boats at Spring Valley Lake. Additional guided recreation options include laser tag, aerial quest, climbing tower, and axe throwing. The all-inclusive package covers two nights of lodging with an option to bring personal tents, five meals, and matching weekend theme shirts for fathers and sons. Registration information for the Father-Son Adventure Weekend is available at <https://deerrun.camp/father-son/>.

The Mother-Daughter Getaway Weekend offers a different blend of activities including a glow night dance party, movie night, crafts, swimming, water slide, zip line adventures, and Corcl boats at Spring Valley Lake. Participants also enjoy restorative yoga sessions and guided painting classes. Optional guided recreation

activities feature axe throwing, zip lines, and giant swing experiences. The weekend package that is hosted on September 11-13, 2026 includes two nights of lodging, five meals, and coordinating theme shirts for mothers and daughters. Details about the Mother-Daughter Getaway Weekend can be found at <https://deerrun.camp/mother-daughter/>.

Parents who have attended previous weekends share enthusiastic feedback about their experiences. One father noted that his son never once wanted to be around technology, television, or video games during their stay. Another parent described the Father-Son Adventure Weekend as the best weekend ever, highlighting the many outdoor activities centered around faith. Mothers attending the getaway weekend report making new friends while growing closer to their daughters in a natural setting. One mother emphasized how the activities are well-planned with an ideal balance of scheduled and free time.

"These special weekends represent our commitment to providing families with meaningful opportunities to disconnect from everyday pressures and reconnect with each other through shared adventures and faith-based activities," said a representative from Deer Run Camps & Retreats. "We handle all the logistics and planning so parents can focus entirely on building memories with their children in a supportive, outdoor environment."

Both weekend retreats incorporate conversation starters designed to deepen faith connections alongside recreational activities. The camp encourages participants to invite friends, neighbors, and other families from their communities to join these special weekends.

Deer Run Camps & Retreats, located in Thompson's Station, Tennessee, specializes in creating transformative outdoor experiences that combine adventure, faith, and community. The organization offers various programs throughout the year designed to strengthen relationships and provide memorable experiences in a natural setting. More information about all programs and facilities is available at <https://deerrun.camp/>.

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For more information about Deer Run Camps & Retreats, contact the company here: Deer Run Camps & Retreats (615) 794-2918 CONTACT@DEERRUN.CAMP 3845 Perkins Rd, Thompson's Station, TN 37179

Deer Run Camps & Retreats

Deer Run Camps & Retreats offers camps for kids, family events, and year-round group retreats on 150 private

wooded acres in Middle Tennessee, with lodging, meeting spaces, recreation, and meals.

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