



Abundant Health Physical Medicine Addresses Auto Injury Care with Chiropractor in Scott County, IA

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Abundant Health Physical Medicine provides chiropractic evaluation and care for patients involved in automobile collisions in Scott County, IA under the direction of Dr. Sinan Gocmen, D.C. The clinic's approach centers on identifying soft tissue and spinal injuries that may not be immediately apparent after an accident.

Automobile accidents transmit significant force through the body even when vehicle damage appears minor. Modern vehicle design allows cars to absorb substantial impact with limited visible deformation. The human body does not share this capacity. As a result, the external condition of a vehicle after a collision is not a reliable indicator of the forces experienced by the occupants. Soft tissue structures surrounding the spine are particularly vulnerable to this force.

Whiplash ranks among the most frequent injuries associated with motor vehicle collisions. It occurs when the soft tissues supporting the spine sustain damage during rapid acceleration and deceleration. The two most common symptoms are neck pain and stiffness. These symptoms frequently do not appear until one or two days after the event. Many individuals dismiss the discomfort or rely on temporary measures until the sensations diminish. Soft tissue injuries that receive no targeted attention may fail to heal in proper alignment.

Over time this can contribute to ongoing dysfunction and earlier spinal degeneration.

Abundant Health Physical Medicine emphasizes the value of a thorough chiropractic examination following an automobile accident, including cases in which a patient has already been evaluated by a primary care physician or emergency department. Certain patterns of injury identified and addressed through chiropractic assessment are not routinely detected in other clinical settings. The clinic maintains on-site digital X-ray capability to assist in diagnostic evaluation. Findings from history, physical examination, orthopedic and neurological testing, and imaging guide subsequent care decisions.

Dr. Sinan Gocmen develops individualized care plans for patients presenting after collisions. These plans may incorporate spinal and extremity adjustments along with rehabilitative exercises and complementary modalities available at the clinic. Collaboration with other providers, such as neurologists or orthopedists, occurs when a broader approach supports recovery. Timely initiation of care after an accident is noted as beneficial for supporting proper healing processes and reducing the likelihood of prolonged discomfort or progressive changes.

Dr. Gocmen graduated from Palmer College of Chiropractic in 2013. His professional background includes advanced certification in extremity adjusting, the Torque Release Technique, the Webster Technique, and certification as a Functional Hyperbaric Clinician. Prior to entering chiropractic practice he experienced a personal recovery following an adjustment during a severe illness. That experience led him to pursue formal training and to establish Abundant Health Physical Medicine in Davenport, Iowa. The clinic operates within the Renew Healing Framework, which constructs care plans based on identified contributing factors rather than solely on symptom presentation.

Patient evaluations begin with a review of health history. Physical examination assesses spinal mobility, joint function, and range of motion. Palpation helps locate restricted areas. Diagnostic imaging is utilized when indicated to clarify the source and extent of findings. The clinic also offers additional services that may be integrated into recovery plans, including medical grade red light therapy, mild hyperbaric oxygen therapy, the Normatec Recovery System, and spinal or knee decompression therapy. A nurse practitioner is available for administration of IV therapies and natural regenerative injections when appropriate to the plan.

"Even low-speed collisions can produce meaningful soft tissue injuries that benefit from a thorough chiropractic evaluation," said Dr. Sinan Gocmen, D.C., chiropractor at Abundant Health Physical Medicine. "A customized care plan that addresses the specific findings from examination and imaging supports the body's ability to heal correctly after an automobile accident."

The clinic facility includes a reception area equipped with refreshments and dedicated treatment rooms. Monitors in treatment spaces display informational content or entertainment. A private consultation room is

used for new patient discussions. Many insurance plans, including Medicare, participate in the network. An initial consultation with a concierge patient care coordinator helps determine whether the available services align with a patient's circumstances. Referrals are arranged when chiropractic care is not indicated.

Delayed symptom onset contributes to underestimation of injury severity. Soft tissue structures that heal without proper alignment may create lasting mechanical stress on surrounding joints and discs. Chiropractic assessment focuses on identifying these patterns and applying corrective measures through adjustments and supportive therapies. The clinic's materials note that earlier intervention after a collision supports more favorable healing trajectories compared with delayed attention.

Dr. Gocmen's clinical experience includes identifying and addressing injuries related to automobile collisions. Customized plans account for the specific mechanisms of injury, examination findings, and patient goals. Rehabilitative exercises are introduced when they support restoration of mobility and stability. Complementary modalities are selected according to the overall plan rather than as isolated interventions.

The nervous system coordinates movement and sensory information throughout the body. Disruptions arising from collision forces can affect these pathways. Evaluations at the clinic examine both structural and functional aspects of spinal and extremity regions. Findings inform the sequence and type of adjustments applied. Progress is monitored so that plans can be adjusted as recovery proceeds.

Abundant Health Physical Medicine continues to serve patients seeking evaluation after motor vehicle collisions. The practice integrates chiropractic assessment with available diagnostic and recovery resources under the direction of Dr. Sinan Gocmen. Care remains oriented toward identification of contributing factors and support of the body's healing processes.

Abundant Health Physical Medicine is a physical medicine clinic located in Davenport, Iowa. It was established by Dr. Sinan Gocmen following his graduation from Palmer College of Chiropractic. The practice provides chiropractic evaluations, adjustments, and complementary services for patients, including those presenting after automobile accidents, within an individualized planning process known as the Renew Healing Framework

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Abundant Health Physical Medicine

*At Abundant Health Physical Medicine, we offer a patient-centered approach to neuropathy treatment at our clinic in
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