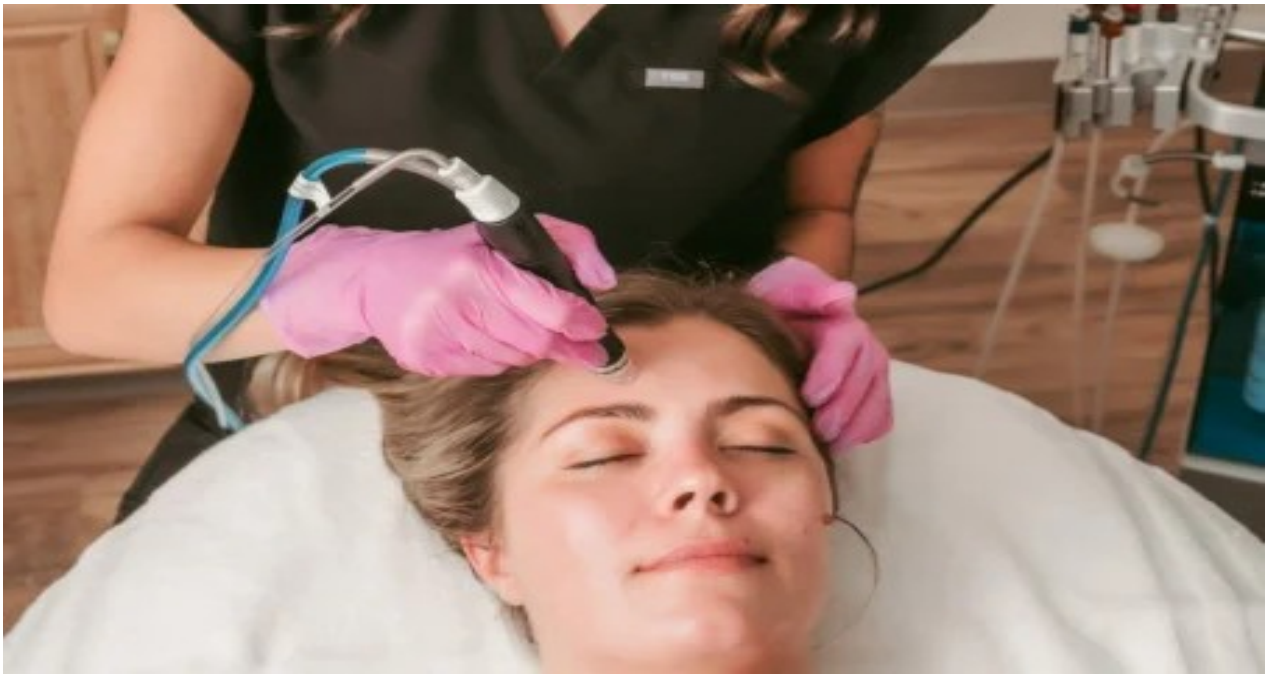




Essential Spa Highlights Personalized Hydrafacials for Individual Skincare Goals

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Essential Spa in Sylvania, Ohio, has organized its Hydrafacial offerings into a defined menu of treatment formats, giving clients a clearer set of options to select from during an in-spa consultation. Rather than presenting the service as a single standardized facial, the spa now outlines multiple treatment formats and optional enhancements that its estheticians use to adjust the appointment around a client's skin condition, sensitivity, and preferred level of service.

The foundational Hydrafacial process uses Vortex-Fusion technology to complete a multi-step sequence, cleansing, exfoliating, extracting, and applying serums within one continuous appointment. The sequence is carried out using a handheld device that moves across the treatment area during each stage of the appointment. Hydrafacial treatments can also incorporate targeted boosters and additional enhancements, which are selected during the consultation process rather than applied uniformly across every appointment.

Hydrafacial describes its treatment as non-invasive and designed without downtime, allowing clients to return

to normal activities after an appointment. Individual experiences can vary, however, making the consultation and aftercare discussion standard parts of the service rather than treating a device-based facial as an automatic outcome.

Essential Spa begins the process by discussing the client's skin history, present concerns, routine, and treatment goals during the consultation. This discussion helps the esthetician determine which treatment level, serums, and optional enhancements will be used, and it is repeated at the start of each new appointment. The spa's approach reflects an emphasis on individualized appointment planning rather than applying the same protocol for every visit.

The Hydrafacial Refresh provides the core cleanse, exfoliation, extraction, and hydration sequence in a 60-minute appointment. It is positioned as a foundational option within the menu, without adding every available enhancement. The treatment can be selected as an introduction to the Hydrafacial process or incorporated into an ongoing skincare routine based on individual scheduling needs.

For clients seeking additional customization, the Hydrafacial LUX builds on the core process with a personalized peel, extractions, hydration, a targeted booster, and LED light therapy. The selected booster is chosen during the consultation, while the LED portion adds another non-invasive step to the appointment. The final treatment plan depends on the consultation and the client's skin at the time of the appointment.

Essential Spa also offers its Glass Skin Facial, which combines a Hydrafacial with oxygen therapy and LED light therapy. This format layers multiple modalities within one appointment. Because the service combines several steps, the esthetician reviews suitability and customization before the treatment begins.

Optional enhancements provide additional ways to adapt Hydrafacials. Essential Spa lists targeted boosters, LED light therapy, dermaplaning, and a microcurrent-based Mini Lift among the available additions. These enhancements are not automatically included in every service. They are selected according to the chosen treatment, the client's preferences, and professional assessment during the consultation.

"Personalization is what turns a facial service into a thoughtful skincare experience," said Janna Goodall, owner and lead esthetician at Essential Spa. "The consultation helps us understand what the client wants to address and allows us to choose a Hydrafacial format and supporting steps that make sense for their skin that day."

Goodall has more than 18 years of experience as a licensed esthetician and is trained in Hydrafacial treatments, chemical peels, microchanneling, Glo2 facials, facial contouring, and holistic skincare methods. Her training informs the spa's approach to combining clinical and natural modalities, as well as its process for building treatment plans and home-care routines around individual clients.

After the appointment, Essential Spa can provide guidance on product use, sun protection, hydration, and the timing of future services. Recommendations may vary according to sensitivity, skincare products, recent treatments, and individual scheduling. The spa does not position one schedule or treatment combination as standard for every person.

The Essential Spa Hydrafacials menu is available at the spa's Sylvania location. Clients can review the treatment formats online and schedule a consultation to discuss available options. Additional information is available through Essential Spa or by calling 419-908-9301.

About Essential Spa

Essential Spa is an esthetics and skincare studio located at 5732 West Alexis Road in Sylvania, Ohio. The spa combines natural and clinical skincare approaches and offers Hydrafacial treatments, customized facials, chemical peels, dermaplaning, Glo2 facials, microchanneling, facial contouring, scalp treatments, waxing, and lash and brow services. Essential Spa serves clients from Sylvania, Toledo, and surrounding Northwest Ohio and Southeast Michigan communities.

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For more information about Essential Spa, contact the company here: Essential Spa Janna Goodall (419) 908-9301 elizabeth@essentialskincarewellness.com 5600 Monroe St Building B suite 202, Sylvania, OH 43560

Essential Spa

Essential Spa offers expert care for all skin types. Our personalized treatments and products ensure healthy, radiant skin.

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